



SPURWINK

Fiscal Year 2024

ANNUAL REPORT

MISSION

Spurwink responds to community needs by providing behavioral health care, substance use disorder services and support services for people of all ages, abilities, and backgrounds, and their families.

VISION OF SUCCESS

People of all ages, abilities, and backgrounds, and their families, served by Spurwink lead engaged, connected, and meaningful lives in their communities.

VALUES

Unconditional Positive Regard
Person Centered | Excellence
Commitment | Recovery
Belonging

DEAR SUPPORTERS, PARTNERS, AND FRIENDS,

We are pleased to present to you Spurwink's Fiscal Year 2024 Annual Report.

As Spurwink's President and CEO, and Chair of the Board of Directors, we are proud to share the impact and progress the agency has made over the past year. We've opened a new residential facility designed to serve older adults who have serious and persistent mental illness, welcomed a new Board Member and new senior leadership, and perhaps most notably, expanded the impact of our services to 10,000 individuals with the joining of Tri-County Mental Health Services and Spurwink.



Although Spurwink's reach is now broader, our vision remains the same: people of all ages, abilities, and backgrounds, and their families leading engaged, connected, and meaningful lives in their communities.

We hope this annual report will give you a sense of the work we are doing and the impact Spurwink has had on the community. We are grateful for your support and partnership, and look forward to continuing to serve the community in the years to come.

Sincerely,

Eric Meyer
President & CEO

Alistair Raymond, Esq.
Chair, Board of Directors

PROGRAM HIGHLIGHTS

Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in the highlights and data below, we are working with the community to increase access to these needed behavioral health and education services by forging key community partnerships, improving client health care records, securing funding for needed services, and working directly with caregivers. If you know someone who would benefit from Spurwink's services, please call The Link at 1-888-889-3903.

Tri-County Mental Health Services Joins with Spurwink

Tri-County Mental Health Services (TCMHS) officially joined Spurwink on April 1, 2024, strengthening behavioral health services in Maine and expanding the impact of our services to approximately 10,000 individuals. Together, we've been able to ensure TCMHS's strong legacy of providing exceptional care continues uninterrupted for clients and the community. [Read more on our website.](#)

United Way Invests in Access to Behavioral Health Care in Southern Maine & Kennebec County

Spurwink is thrilled to be the recipient of three grants totaling over \$60,000 from the United Way of Southern Maine and a new grant from the United Way of Kennebec Valley totaling \$27,000 over two years. Our continued and new partnerships with the United Way make it possible for Spurwink to respond to community needs by providing behavioral health care, substance use disorder services and support services for people of all ages, abilities and backgrounds and their families.

[Read more on our website.](#)

Spurwink Launches Kineo Adult Residential Treatment Program

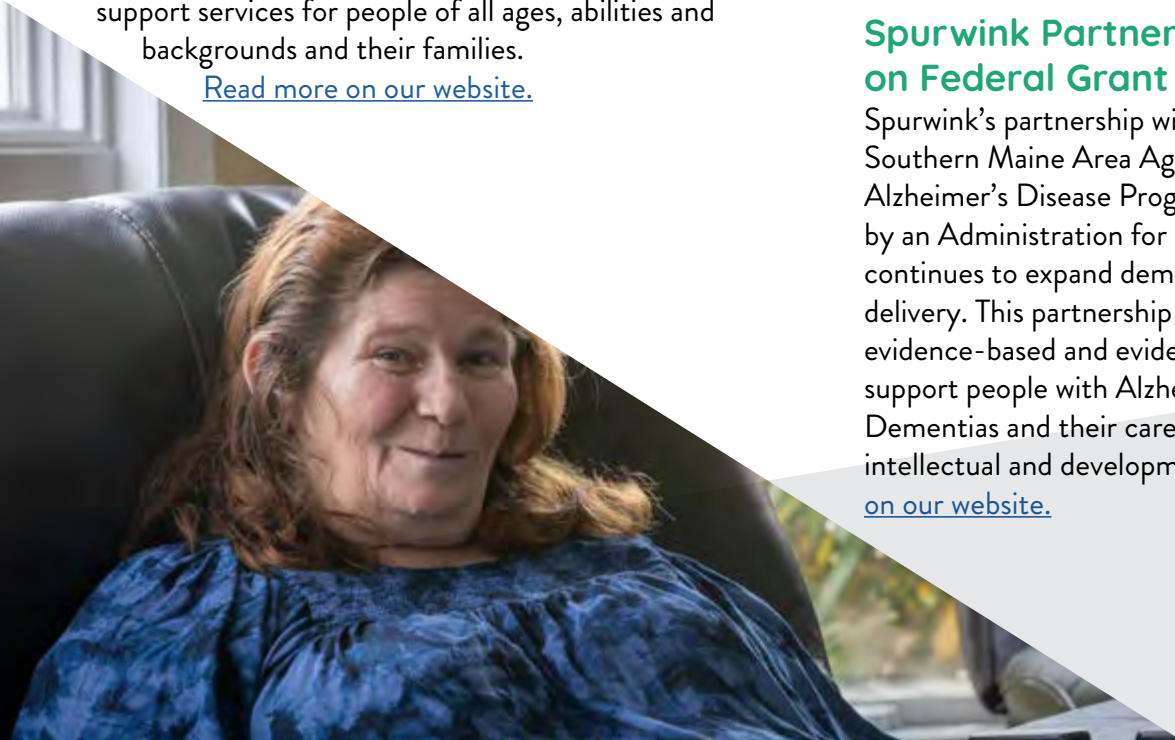
Spurwink opened Kineo, adding ten beds to the already established Bigelow program and campus. Kineo is specifically designed to serve adults aged 50 years and older who have serious and persistent mental illness. It follows Bigelow's treatment model to improve psychiatric symptoms and functioning, decrease hospitalization, increase housing stability, reduce arrests, and improve quality of life. [Read more on our website.](#)

Building a Community Garden in Randolph

Spurwink's Outpatient & Community Services team in Randolph worked together to map out and create a community garden at their Randolph location. The idea was initially brought up in a monthly meeting, and quickly took off, deciding that it was a project they wanted to take on for team building purposes, as well as the benefit of the people they serve and their families. [Read more on our website.](#)

Spurwink Partners with MaineHealth on Federal Grant

Spurwink's partnership with MaineHealth and the Southern Maine Area Agency on Aging on an Alzheimer's Disease Programs Initiative, funded by an Administration for Community Living grant, continues to expand dementia-informed service delivery. This partnership advances the use of new evidence-based and evidence-informed programs to support people with Alzheimer's Disease and Related Dementias and their caregivers, including those with intellectual and developmental disabilities. [Read more on our website.](#)



2023 School Supply Drive

The 2023/24 supply drive raised over \$3,000 in cash and gift cards, and collected hundreds of school supplies for Spurwink Education Services and Outpatient and Community Service programs. We are appreciative to all those who contributed. A special thank you to Boulos Asset Management and The Boulos Company, Bangor Savings Bank, Spectrum, and The Power of Elle for their employee drives and donations. [Read more on our website.](#)

Spurwink Appoints New Board Member & Welcomes New Senior Leadership

Spurwink welcomed four new members to its Senior Leadership Team as well as a new Board Member. Jeff D. Emerson was appointed to Spurwink's Board of Directors, Bart Beattie joined Spurwink as its new COO, and Eric Campbell, Rebecca Patkus, and Ben Strick were welcomed to the Senior Leadership Team. [Read more on our website.](#)

Helping Families Enjoy Thanksgiving Meals

Spurwink's staff came together for 2023's Thanksgiving food drive efforts. Because of their generosity, 20 meals were provided to families that Spurwink serves across the state. The families receive a range of services, including Children's Behavioral Health Home, Public School Counseling, Functional Family Therapy, and Adult Community Care Management. [Read more on our website.](#)

Spurwink Featured in State Nonprofit Discussion

Kristen Farnham, Vice President of Legal Affairs and Advancement, was featured in a MaineBiz article discussing challenges and prolonged effects on nonprofits after the pandemic. [Read on to see the full article on MaineBiz's website.](#)

Spurwink Next Gen Nonprofit Leadership Program

Spurwink has received a grant from the Abbagadasset Foundation to launch Next Gen, a Nonprofit Leadership Program that will offer paid internship opportunities for college students focused on nonprofit leadership and mental health in Maine. [Read more on our website.](#)

Announcing Promotions of Two Long-Time Spurwink Employees

Spurwink was pleased to announce the promotions of two long-time employees, Nora Morse and Joyce Wientzen. Nora Morse, LCSW, moved into the newly developed role of Director of Best Practices, while Joyce Wientzen, LCSW, became the Senior Director of Child Welfare Programs, also a recently developed role. [Read more on our website.](#)

Spurwink Receives \$50,000 from M&T Bank's Amplify Fund

We are pleased to announce that Spurwink has been awarded an Amplify Fund grant from M&T Bank Charitable Foundation, which will support the Cumberland County Children's Advocacy Center's work addressing health equity. Funds will help address child sexual abuse and trafficking, connecting youth and their families more rapidly and effectively to the services they need to begin healing and ensure a more equitable future for children and their families. [Read more on our website.](#)

Humanitarian Awards Highlights Services, Honors Angela Stone

On Friday, April 26, over 240 guests gathered to honor Angela Stone as Spurwink's 2024 Humanitarian and USI with the Corporate Care Award. This year's theme, *Everybody Have Fun Tonight*, was chosen because everyone deserves to live fully engaged lives in their communities and enjoy themselves. [Read more on our website.](#)





Special Olympics Track & Field Season

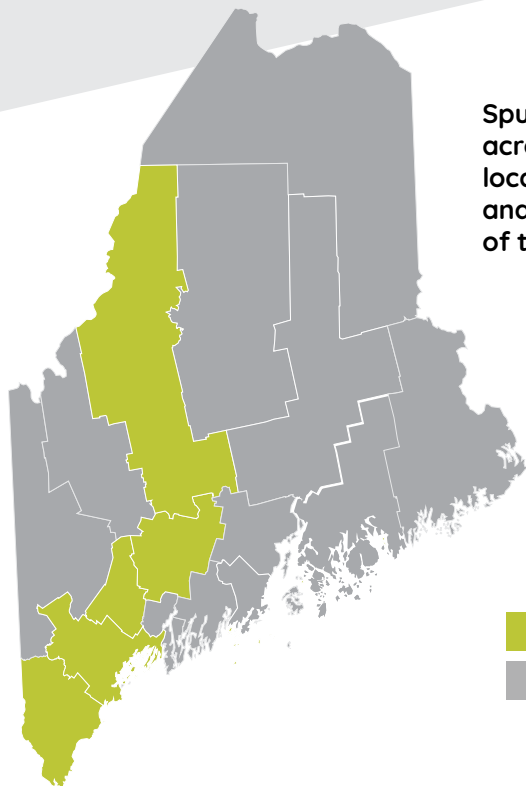
Twenty-one Spurwink athletes from across Spurwink day treatment programs participated in Special Olympics Track and Field Regional Games this year. Of those, 13 athletes traveled to Orono to compete in the State Games. At the state games, our athletes brought home four first place medals, nine second place medals, and seven third place medals. [Read more on our website.](#)

Proud Supporter of the 2024 Inclusion Maine Conference

Catherine Ryder, VP of Special Projects and Gabrielle Gallucci, Director of Business Development joined Senator Angus King at the Lewiston Library for a luncheon hosted by Brann & Isaacson. The event provided an opportunity for local leaders to offer feedback, ask questions about current congressional priorities, and to hear Senator King's forecasting of key issues. [Read more on our website.](#)

Visit spurwink.org/blog to read even more and see what's new!

SPURWINK'S IMPACT BY THE NUMBERS



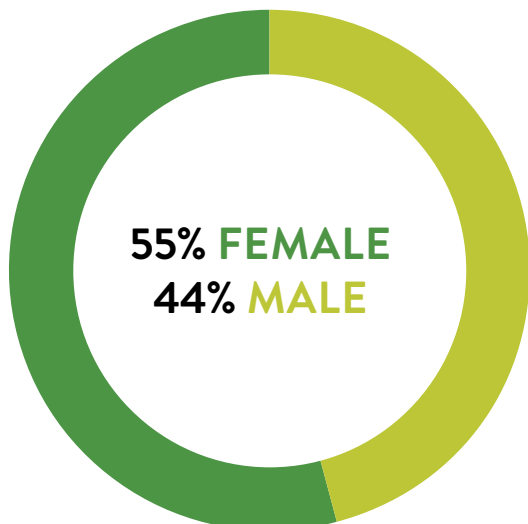
Spurwink's impact reaches across Maine, with physical locations in five counties and clients in every corner of the state.

■ Counties with Spurwink locations
■ Counties Spurwink serves

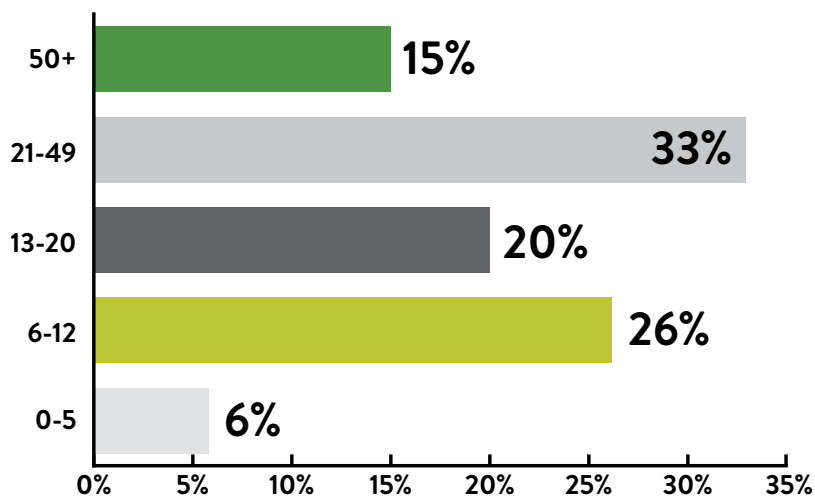
COUNTIES SERVED

Androscoggin (16%)	Out-of-State (0.1%)
Aroostook (0.6%)	Oxford (6%)
Cumberland (34%)	Penobscot (4%)
Franklin (1%)	Piscataquis (0.2%)
Hancock (1%)	Sagadahoc (2%)
Kennebec (6%)	Somerset (1%)
Knox (4%)	Waldo (1.3%)
Lincoln (1%)	Washington (0.3%)
	York (17%)

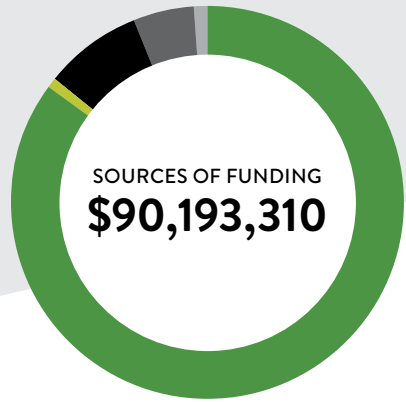
TOTAL CLIENTS SERVED



CLIENT AGE

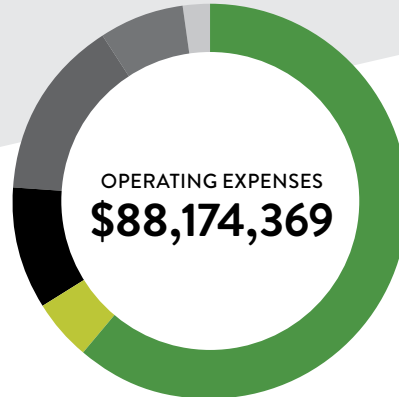


IMPACT BY THE NUMBERS



- Program Revenue: 85%
- Private Pay: 1%
- Foundations & Grants: 8%
- Other Fundraising: 5%
- Other: 1%

FY24 FINANCIALS



- Program Wages: 62%
- Program Operations: 5%
- Taxes, Workers' Comp, Health & Other: 10%
- Administration: 15%
- Program Facility Costs: 7%
- Other: 2%

Overall, Spurwink served 9,991 individuals in FY24, distributed as follows, compared to the two previous consecutive years.

PROGRAM	# SERVED FY22	# SERVED FY23	# SERVED FY24
Adult Behavioral Health Home	232	273	666
Adult Community Case Management	144	131	132
Adult Intermediate Care Facilities	17	17	19
Adult Mental Health Residential (Bigelow)	8	21	48
Adult Residential Programs	67	63	62
Adult Shared Living Programs	16	22	22
CCBHC Rapid Access			401
Children's Behavioral Health Home	1,256	1,455	1,552
Children's Day Treatment Programs	128	121	107
Children's Residential Treatment	60	51	42
Functional Family Therapy	124	121	167
Licensed Affiliate Clinician Program	2,960	2,907	2,933
Living Room Crisis Center	223	784	
Opioid Health Home	80	83	103
Outpatient Counseling Services	707	595	618
Public School Counseling Program	1,272	1,245	1,389
Spurwink Adult Behavioral Health: ACT	95	133	209
Spurwink Adult Behavioral Health: O/P & Med Mgt	367	366	718
Spurwink Adult Behavioral Health: Outpatient			430
Spurwink Center for Safe and Healthy Families	957	854	1,045
Therapeutic Preschool Program	36	26	22
Treatment Foster Care	38	38	30
TOTALS*	7,803	8,304	9,991

*Please note that Spurwink serves individuals that may be included in one or more programs per FY.

CORPORATE PARTNERS

As part of the Corporate Partners Program, these business leaders are making a difference for behavioral healthcare in Maine. We are delighted to recognize our Fiscal Year 2024 Corporate Partners. Please contact us to learn how your business can be a partner in creating a stronger and healthier Maine.



Photo courtesy of Dave Dostie Photography



SPURWINK

going the distance

FY24 SENIOR LEADERSHIP TEAM

Eric Meyer, President & CEO

Bart Beattie, Chief Operating Officer

Sandra Bissell,
Vice President of Human Resources

Eric Campbell,
Vice President of Educational Services

Amy Cohan,
Vice President of Outpatient &
Community Services

Al Durgin,
Vice President of CQI & Outcomes

Kristen Farnham,
Vice President of Development

Ginny Gentile, Chief Financial Officer

Misty Marston,
Vice President of Child Residential
& Education Services

Rebecca Patkus,
Vice President of Outpatient & Community
Regional Services

Ben Strick,
Vice President of Adult Behavioral Health

FY24 BOARD OF DIRECTORS

Alistair Raymond, Esq., Board Chair

Catherine Breen, Vice Chair

Tari Advani, M.D.

Richard Berthy

Carrie Cianchette

Jeff D. Emerson

Daniel Fishbein, M.D.

Jim Giberson

Melanie Gilligan

Tom Magadieu

Rose McManus

Stephanie Peters

Matthew Winch

FY23 DEVELOPMENT COMMITTEE: Ashley Boyle; Tim Brook; Carrie Cianchette; Kristen Farnham; Valerie Gifford; Melanie Gilligan; Katie Homes; Katie Leinwand; Michelle Libby; Tom Magadieu; Eric Meyer; Alayna Mladucky; Holly O'Brien; Keiran Preston; Emily Williams

FY24 INVESTMENT COMMITTEE: Rich Berthy; John Leonard; James Olson; Matthew Winch

901 Washington Ave., Suite 100, Portland, ME 04103
888.889.3903
spurwink.org

