

Fiscal Year 2023

ANNUAL REPORT



SPURWINK

MISSION

Spurwink responds to community needs by providing behavioral health care, substance use disorder services and support services for people of all ages, abilities, and backgrounds, and their families.

VISION OF SUCCESS

People of all ages, abilities, and backgrounds, and their families, served by Spurwink lead engaged, connected, and meaningful lives in their communities.

VALUES

Unconditional Positive Regard
Person Centered | Excellence
Commitment | Recovery
Belonging

DEAR SUPPORTERS, PARTNERS, AND FRIENDS,

We are pleased to share Spurwink's 2023 Annual Report. As we reflect on the past year, we are filled with gratitude for the journey we've embarked on together and the impactful strides we've made in advancing behavioral health care in Maine.

We welcomed several new Board members this past year who bring a wealth of expertise, passion, and innovation to Spurwink. Their invaluable contributions have strengthened our leadership team, enhanced our strategic vision, and positioned us for even greater impact in the years ahead.

As we look ahead, we remain deeply committed to our mission and the individuals we serve. Together, we will continue to champion mental health awareness, break down barriers to care, and foster a culture of empathy and understanding.

We extend our heartfelt gratitude to our dedicated staff, volunteers, donors, and partners whose unwavering support sustains our work and inspires us to strive for excellence every day. Thank you for your continued support and belief in the work we do for people of all ages, abilities, and backgrounds, and their families, and for making Maine a healthier place to live and work.

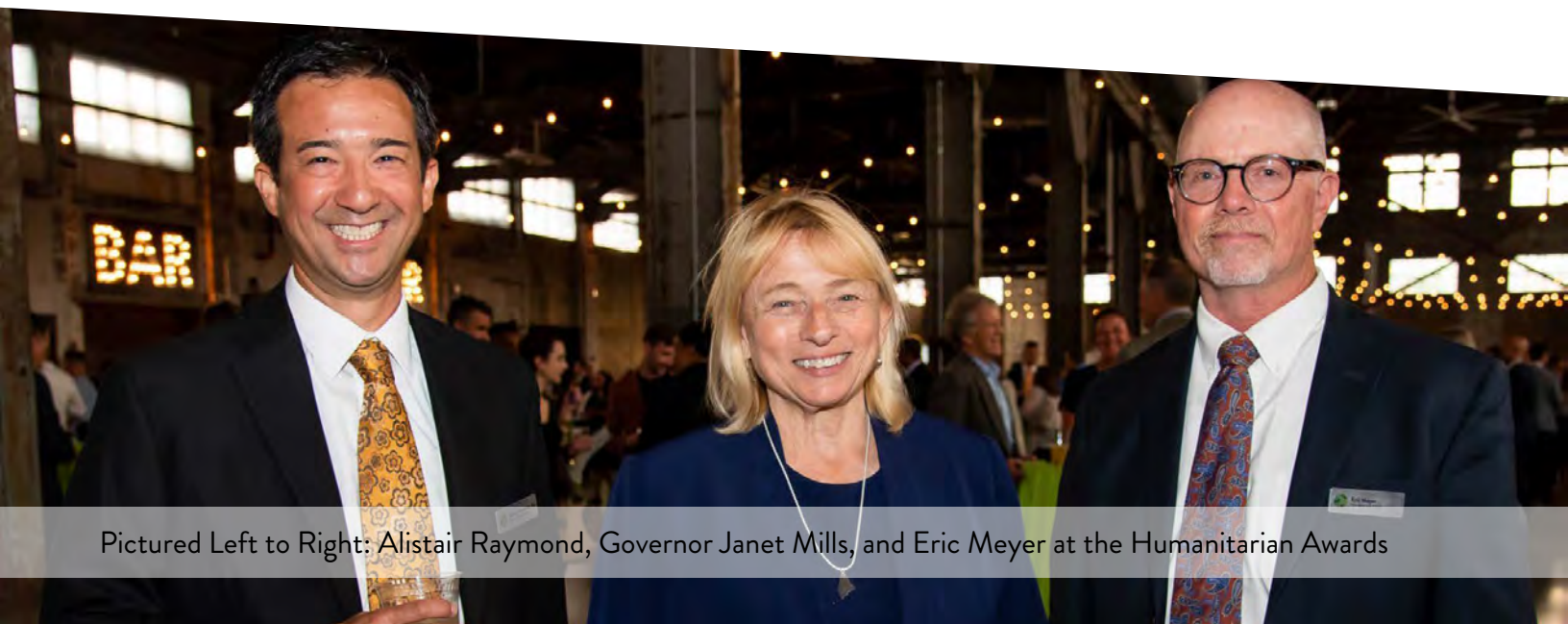
Sincerely,



Eric Meyer
President & CEO



Alistair Raymond, Esq.
Chair, Board of Directors



Pictured Left to Right: Alistair Raymond, Governor Janet Mills, and Eric Meyer at the Humanitarian Awards

PROGRAM HIGHLIGHTS

Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in the highlights and data below, we are working with the community to increase access to these needed behavioral health and education services by forging key community partnerships, improving client health care records, securing funding for needed services, and working directly with caregivers. If you know someone who would benefit from Spurwink's services, please call The Link at 1-888-889-3903.

Spurwink Announces Three New Appointees to its Board of Directors

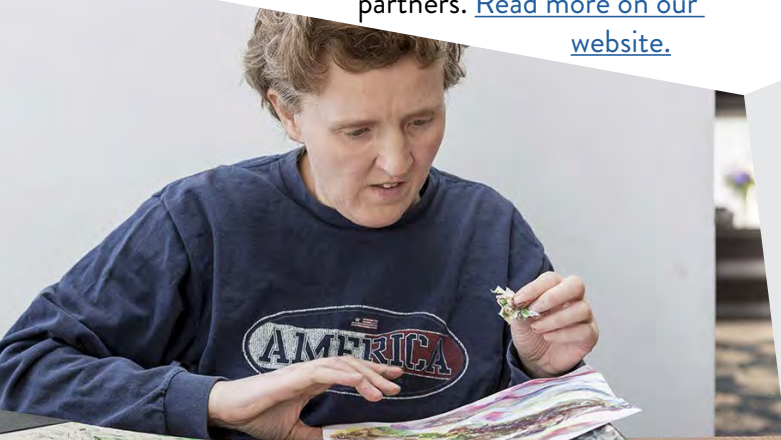
Spurwink is pleased to announce three new appointees to its Board of Directors, bringing with them years of experience in the nonprofit, consumer insights, and health care sectors. We welcome Carrie Cianchette, Melanie Gilligan, and Stephanie Peters, and look forward to their direction and leadership in the months and years ahead. [Read more on our website.](#)

Long-time Staff Member Nominated to the Board of Directors for MACSP

Kelly Kierstead, Administrator of Old Lisbon Road ICF (Intermediate Care Facility) was nominated and voted on to the Board of Directors for MACSP, the Maine Association for Community Service Providers. As a MACSP board member, Kelly will be involved with discussions about many service area topics for MACSP. [Read more on our website.](#)

Bigelow Program Holds Open House

Bigelow opened its doors to people in the community to highlight its services and facilities at an open house. Bigelow is a new Adult Residential Treatment program, providing integrated residential treatment to adults 18+ with co-occurring mental health and substance use disorders. The open house was well received and attended, with tours being offered by current residents and staff, plenty of questions answered, and information given to community partners. [Read more on our website.](#)



Grants in Action: Norway Savings Bank Supports Wellness at Bigelow

Spurwink opened its unique Bigelow Program, referenced in the article above, with a focus on supporting adults in their recovery so that they can successfully return to independent living in the community. Funding from Norway Savings Bank provides exercise equipment and wellness programming to manage and reduce symptoms. [Read more on our website.](#)

988 Mental Health Hotline Now Live in Maine

The 988 Suicide & Crisis Lifeline is now live and available in Maine. If you or someone you know needs support, call or text 988, or chat at [988Lifeline.org](https://988lifeline.org). People can use 988 if they are having thoughts of suicide, mental health or substance use crises, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support. [Read more on our website.](#)

2022 School Supply Drive

The 2022/23 supply drive raised over \$1,000 in cash and gift cards, and collected hundreds of school supplies for Spurwink Education Services and Outpatient and Community Service programs. We are appreciative to all those who contributed. A special thank you to Boulos Asset Management and The Boulos Company, The Woods at Canco Senior Retirement Living, Volk Packaging Corporation & Volk Paxit, and Southern Maine Oral and Maxillofacial Surgery for their employee drives and donations. [Read more on our website.](#)

Appointment to State Board

Darlene Panzino, Spurwink Senior Program Director of Adult PNMI Services, was appointed to the Maine Board of Alcohol and Drug Counselors. [Click here for more on this Board.](#)

Spurwink Senior Director Appointed by Governor Mills to State Board & Appointed to Independent Panel

Spurwink's Senior Director of Adult Behavioral Health, Ben Strick, has recently been appointed to the State Board of Social Worker Licensure by Governor Janet Mills. Along with this appointment, Strick has also been appointed to the Independent Panel to Review the Use of Deadly Force by Law Enforcement Officers in September as that of a mental health professional. [Read more on our website.](#)

USI & Gorham Savings Bank Volunteer to Make Classroom Bright for New School Year

In August, volunteers from our Corporate Partners at USI and Gorham Savings Bank helped paint Glickman Academy classrooms. School teachers had students pick out the new paint colors, and during summer vacation, the volunteers transformed the classrooms. [Read more on our website.](#)

Spurwink Board of Director's 2022 Team Recognition Award

The winner of the 2022 Spurwink Board of Director's Team Recognition Award is the Brook Street Child Residential Team. While a number of superb teams were nominated by their peers, the Brook Street Child Residential Team stood out in particular. [Read more on our website.](#)

Spurwink ALLTECH Update & New Program Manager

ALLTECH is a division of Spurwink that partners with the Maine CITE organization to offer loans of assistive technology and AAC (Augmentative and Alternative Communication) devices for individuals, families, healthcare providers, businesses, and schools to trial. In 2022, they welcomed a new program manager, Darren Smart. [Read more on our website.](#)

\$25,000 Gift Unlocked from The Foreside Foundation

Thanks to donors' generous investment at the end of 2022, a 25,000 gift was secured from The Foreside Foundation. Twenty new donors were welcomed, and over 30 donors increase their gifts to unlock this donation this fiscal year.

Helping Families Enjoy Thanksgiving Meals

Spurwink's staff came together for 2022's Thanksgiving food drive efforts. Because of their generosity, 20 meals were provided to families that Spurwink serves across the state. The families receive a range of services, including Children's Behavioral Health Home, Public School Counseling, Functional Family Therapy, and Adult Community Care Management. [Read more on our website.](#)

Ashlea's Place to Help People Struggling with Long-term Homelessness

The Portland City Council voted to fully fund Spurwink's ARPA (American Rescue Plan Act) proposal for Ashlea's Place, an ultra-low barrier housing first mental health recovery residence for people struggling with long-term homelessness. This project will be a collaboration between Spurwink, Community Housing of Maine (CHOM), and Milestone and will help vulnerable unhoused community members. [Read more on our website.](#)

Grants in Action: Marr-Anderson, Enabling Access to Care When Needed the Most

Spurwink is proudly supported by the Marr-Anderson Family Foundation. Through their support of Spurwink's Outpatient and Community Services Access to Care and Basic Needs Fund, the Marr-Anderson Family Foundation provides behavioral health and education services for children, adults, and families in Maine. The goal of this fund is to remove the barriers to beginning or continuing treatment. Basic needs such as secure housing, food, medication, clothing, or transportation can impede or prevent access to mental or behavioral health care. These needs are urgent, and targeted funds allow us to solve problems and keep treatment plans on track. [Read more on our website.](#)

Spurwink Receives 207 Best Of Award

Spurwink received the 2022 Bronze Best Customer Service award through Best of the 207. [Click here to view online.](#)

Largest Team Yet Participates in Special Olympics

Twenty-six Spurwink athletes from across Spurwink day treatment programs participated in Special Olympics Track and Field Regional Games this year, the largest team to date. Of those, 14 athletes traveled to Orono to compete in the State Games. Over 65 athletes, staff, and family members represented Spurwink at the regional games. [Read more on our website.](#)

Spurwink Advocacy Efforts

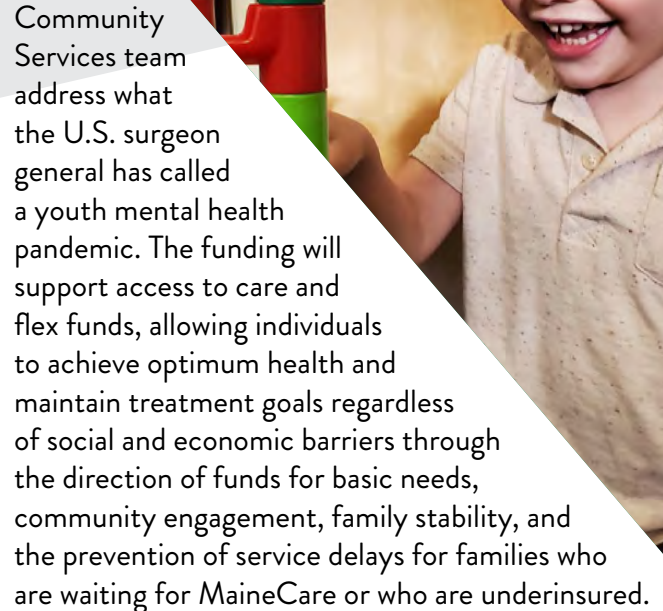
Spurwink had a strong presence in Augusta during the 131st Maine Legislative Session, advocating for issues that are important to our clients, staff and programs. There was ample representation from the Alliance for Addiction and Mental Health Services, the Behavioral Health Community Collaborative (BHCC), and Maine Association of Community Services Providers (MACSP). [Read more on our website.](#)

Living Room Crisis Center Hosts President's Leadership Forum

Spurwink held its President's Leadership Forum at the Living Room Crisis Center in Portland, which gave an opportunity to invite donors, legislators, and other community partners who support Spurwink to learn more about this service. Eric Meyer facilitated a discussion with panelists and attendees. Representatives from U.S. Representative Chellie Pingree's office and Senator Susan Collin's office were also in attendance. Knowledgeable panelists helped facilitate this discussion, including Ben Strick, Senior Program Director of Spurwink Adult Behavioral Health; Samantha Reny, Psychiatric Nurse Practitioner, Spurwink Adult Behavioral Health; Kerry Leblanc, RN, Living Room Crisis Center; Bill Burns, Portland Police Department Substance Abuse Liaison; Megan DuEst, Director, Living Room Crisis Center; and Amy Cohan, Vice President of Outpatient and Community Services.

Grants in Action: Smith Family Charitable Trust & United Way of Kennebec Valley

Spurwink recently received \$5,000 from the Smith Family Charitable Trust and \$13,500 from United Way of Kennebec Valley to help our Outpatient and



Community Services team address what the U.S. surgeon general has called a youth mental health pandemic. The funding will support access to care and flex funds, allowing individuals to achieve optimum health and maintain treatment goals regardless of social and economic barriers through the direction of funds for basic needs, community engagement, family stability, and the prevention of service delays for families who are waiting for MaineCare or who are underinsured.

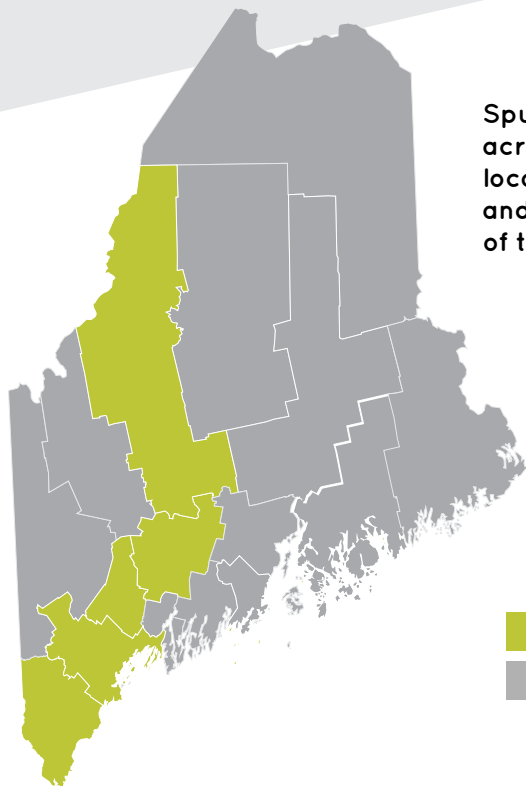
Humanitarian Awards highlights services, honors Mufalo Chitam

On May 4, 2023, Spurwink honored Mufalo Chitam, Executive Director Maine Immigrants' Rights Coalition, as the Humanitarian of the Year recipient, and KeyBank the Corporate Care Award Recipient. In addition, the work of Spurwink's ShifaME program was shared, highlighted how crucial a cultural broker's work is in supporting families navigating systems of care, and dispelling cultural perceptions and stigma around Autism.

United Way Invests in Access to Behavioral Health Care in Southern Maine & Kennebec County

Spurwink is the recipient of three grants totaling over \$60,000 from the United Way of Southern Maine and a new grant from the United Way of Kennebec Valley totaling \$27,000 over two years. As a community partner of the United Way of Southern Maine, three of Spurwink's programs are working to address Thrive2027 goals in the community – ensuring that individuals and communities have the resources and access to services to achieve optimal health status and that every child has quality early learning experiences beginning at birth. [Read more on our website.](#)

SPURWINK'S IMPACT BY THE NUMBERS



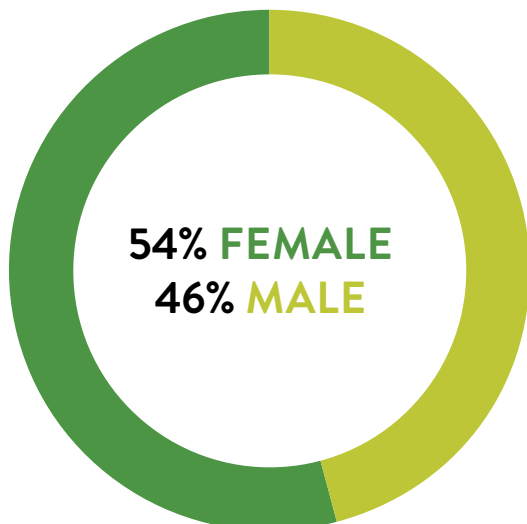
Spurwink's impact reaches across Maine, with physical locations in five counties and clients in every corner of the state.

COUNTIES SERVED

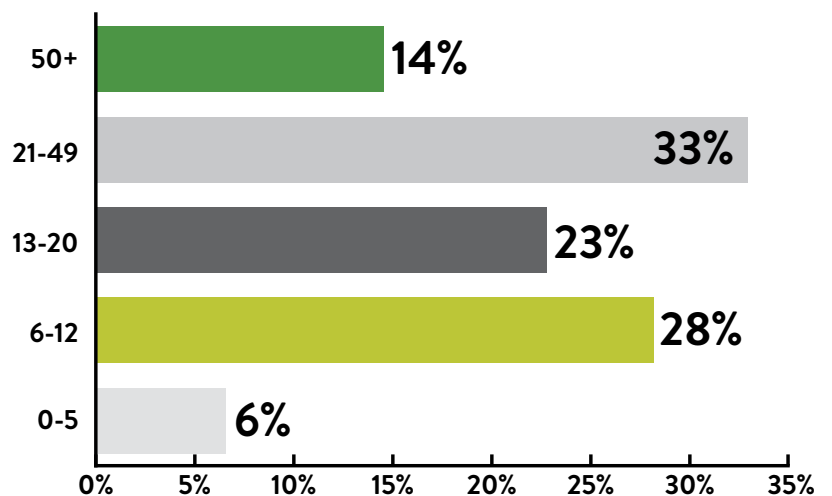
Androscoggin (14%)	Out-of-State (0.2%)
Aroostook (1%)	Oxford (5%)
Cumberland (39%)	Penobscot (3%)
Franklin (1%)	Piscataquis (0.1%)
Hancock (1%)	Sagadahoc (2%)
Kennebec (6%)	Somerset (1%)
Knox (4%)	Waldo (2%)
Lincoln (1%)	Washington (0.2%)
	York (21%)

Counties with Spurwink locations
 Counties Spurwink serves

TOTAL CLIENTS SERVED

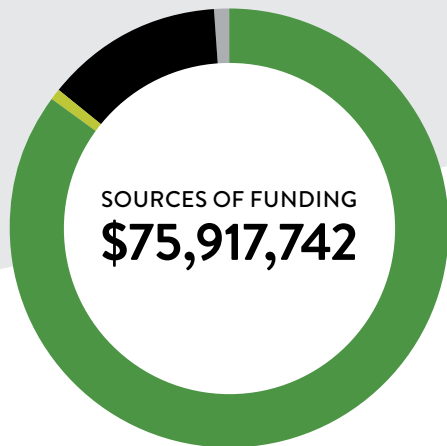


CLIENT AGE

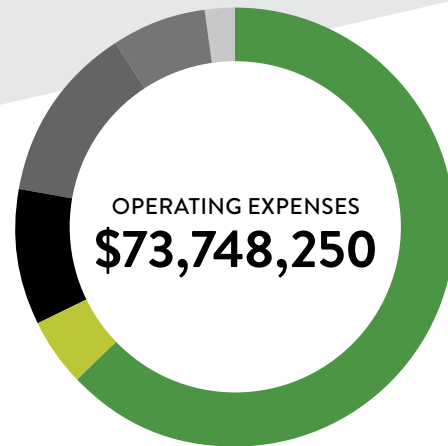


IMPACT BY THE NUMBERS

FY23 FINANCIALS



- Program Revenue: 85%
- Private Pay: 1%
- Foundations & Grants: 13%
- Other Fundraising: approx. 0%
- Other: 1%



- Program Wages: 63%
- Program Operations: 5%
- Taxes, Workers' Comp, Health & Other: 10%
- Administration: 13%
- Program Facility Costs: 7%
- Other: 2%

Overall, Spurwink served 8,304 individuals in FY23, distributed as follows, compared to the two previous consecutive years.

PROGRAM	# SERVED FY21	# SERVED FY22	# SERVED FY23
Adult Behavioral Health Home	245	232	276
Adult Community Case Management	141	144	131
Adult Mental Health Residential (Bigelow)	N/A	8	21
Adult Residential Programs	90	100	81
Children's Behavioral Health Home	1,110	1,256	1,460
Children's Day Treatment Programs	144	128	121
Children's Residential Treatment	98	60	51
Functional Family Therapy	125	124	125
Licensed Affiliate Clinician Program	2,916	2,958	2,920
Living Room Crisis Center	N/A	223	784
Opioid Health Home	68	80	83
Outpatient Counseling Services	600	707	596
Public School Counseling Program	1,319	1,272	1,244
Spurwink Adult Behavioral Health: ACT	123	95	133
Spurwink Adult Behavioral Health: O/P & Med Mgt	375	367	366
Spurwink Center for Safe and Healthy Families	837	957	876
Therapeutic Preschool Program	37	36	26
Treatment Foster Care	53	36	38
TOTALS*	7,418	7,803	8,304

*Please note that Spurwink serves individuals that may be included in one or more programs per FY.

CORPORATE PARTNERS

As part of the Corporate Partners Program, these business leaders are making a difference for behavioral healthcare in Maine. We are delighted to recognize our Fiscal Year 2023 Corporate Partners. Please contact us to learn how your business can be a partner in creating a stronger and healthier Maine.





SPURWINK

going the distance

FY23 SENIOR LEADERSHIP TEAM

Eric Meyer,
President & CEO

Sandra Bissell,
Vice President of Human Resources

Dan Bonner,
Chief Operating Officer

Amy Cohan,
Vice President of Outpatient &
Community Services

Al Durgin,
Vice President of CQI & Outcomes

Kristen Farnham,
Vice President of Development

Ginny Gentile,
Chief Financial Officer

Misty Marston,
Vice President of Child Residential
& Education Services

Sue Murphy,
Vice President of Adult Intellectual &
Developmental Disabilities Services

FY23 BOARD OF DIRECTORS

Alistair Raymond, Esq., Board Chair

Theresa Kelly, Vice Chair

Tari Advani, M.D.

Richard Berthy

Senator Cathy Breen

Carrie Cianchette

Daniel Fishbein, M.D.

Jim Giberson

Melanie Gilligan

Tom Magadieu

Rose McManus

Stephanie Peters

Matthew Winch

FY23 DEVELOPMENT COMMITTEE: Sandy Boyce; Ashley Boyle; Tom Brook; Carrie Cianchette; Kristen Farnham; Edette Flaker; Gabrielle Gallucci; Jim Giberson; Valerie Gifford; Melanie Gilligan; Katie Homes; Katie Leinwand; Michelle Libby; Tom Magadieu; Eric Meyer; Alayna Mladucky; Holly O'Brien; Keiran Preston; Emily Williams

FY23 INVESTMENT COMMITTEE: Rich Berthy, Chair; Sandy Bissell; Jack Bjorn; Dan Bonner; Maria Clarice Chua; Shari Crawford; Elijah Ellis; Amberlynn Esperanza; John Everett; Ed Feibel; Ginny Gentile; Michael Jarasitis; John Leonard; Eric Meyer; Anne O'Donovan; James Olson; Michael Schmitt; Elizabeth Skiba; Christine Washington; Matthew Winch; Roseann Woodford

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