



SPURWINK

MAKING STRIDES FOR CHANGE

IN MAINE COMMUNITIES

Spurwink, one of Maine's largest behavioral health providers, goes the distance for people of all ages, abilities, and backgrounds, and their families.

We provide behavioral health, substance use disorder services, and support services for people of all ages - improving lives and strengthening Maine communities. Through an evidence-based therapeutic model and an entrepreneurial approach, Spurwink provides access to care across the lifespan in areas of great need in Maine: mental health, trauma, autism, substance use, and intellectual and developmental disabilities.





In 1960, Spurwink began with one house in Portland, Maine, serving eight boys. Today, we operate two active residential campuses serving children, 22 group home settings for adults, one group home intermediate care facility, one nursing home/intermediate care facility for adults, and four day treatment special purpose private schools, including a preschool. We have a wide array of community-based, residential and educational services for children, adults, and families across the state. Spurwink's wide array of community-based services include outpatient therapy, behavioral health home services, treatment foster care, public school counseling, trauma therapy for refugees, forensic child abuse evaluations, a crisis center, opioid health homes, and much more.

Starting with a handful of staff, Spurwink today draws much of its strength from its nearly 1,000 employees. They are the cornerstone of what the organization accomplishes and how services are delivered: developing positive self-regard in those they serve by honoring and respecting who they are, delivering evidence-based treatment, and then building upon the strengths of the individual and the family.

SPURWINK MAKES ITS IMPACT THROUGH A VARIETY OF PROGRAMS AND SERVICES:



Four Education Campuses serving youth with developmental and behavioral needs. Our special purpose private schools offer a therapeutic alternative when a child's needs cannot be met in the home school district. Locations include Portland, Chelsea, Lewiston, and Saco (preschool focusing on children with Autism Spectrum Disorder).



Children's Residential Program serving youth with intellectual and developmental disabilities, including Autism Spectrum Disorder.



Spurwink Center for Safe & Healthy Families, Maine's only forensic child abuse center, providing medical, psychological, and emergency evaluations for children and youth. Also providing clinical consultation and support to the Office of Child and Family Services/Child Protective Services statewide, and housing the Cumberland County Children's Advocacy Center.



Adult Residential Care, supporting adults with intellectual and developmental disabilities, and behavioral health needs in agency homes, intermediate care facilities (group and nursing) and with Shared Living providers.

Outpatient and Community-based Mental Health Services delivered across regional hubs in Biddeford, Lewiston, Portland, Bangor, and Randolph including:

- Clinical services provided by Spurwink-affiliated psychiatrists, social workers, psychologists, and nurse practitioners
- Certified Community Behavioral Health Clinic (CCBHC): Providing a range of whole health focused integrated behavioral health and substance use services for anyone, regardless of ability to pay
- Bigelow: Residential treatment for adults with co-occurring mental health diagnoses and substance use disorder
- Public school counseling in nearly 60 schools across Maine
- Functional Family Therapy: Intensive home-based treatment model to strengthen families
- ShifaME: Providing services for refugee and immigrant youth and their families
- Spurwink Adult Behavioral Health, providing integrated outpatient psychiatric services for adults with Severe Mental Illness and Substance/Opioid Use Disorder, many unhoused, with the goal of helping each client enjoy a fulfilling, independent and stable life in the community
- Behavioral Health Homes and Opioid Health Homes, offering integrated mental health and medical care
- Statewide Foster Care Recruitment and Adoption Matching programs, placing children with special needs with licensed foster care providers in eleven Maine counties

Contact Spurwink to learn more about Spurwink's impact in your community, and how we can partner to improve the health of Maine residents and the vitality of our economy. www.spurwink.org

IMPACT

IMPROVING MAINE HEALTH

Serving approximately 7,800 individuals and their families with an average **94%** satisfaction rate from the people we serve and **97%** from families/guardians.

FOSTERING INDEPENDENCE

Helping nearly 300 adults with Intellectual and Developmental Disabilities live meaningful and productive lives in their communities through education, clinical support, job supports, and practical life skills.



We would like to take this time to express our appreciation for all the support you have given to our son over the last several years at Spurwink. During this critical growth period for him, if you had not been there, we truly don't know where we would have turned to for help. He is transitioning well, and that is a testament to the caring concern and effort that was given to him. You helped him gain purpose and direction on his challenging journey to adulthood. For that, we will be forever indebted to you.

Parents of an individual who received Spurwink services

IMPROVING SCHOOL CLIMATE

Public school counselors in nearly 60 public schools addressing mental health needs so that children are ready to learn.

STABILIZING LIVES

Assisting more than 80 adults with substance use disorder on the path to recovery.



Our team had plenty of creative projects to work on when we volunteered at the Spurwink Center for Safe and Healthy Families, and we learned about the services you have been providing for many years to support the most vulnerable in our communities. For all you do each day, thank you.

Corporate Partner volunteer

NEW APPROACHES TO CARE

TRAUMA-INFORMED CLINICAL MODELS

Spurwink is ahead of the curve, providing Functional Family Therapy (FFT) and Trauma Focused Cognitive Behavioral Therapy (TFCBT) evidence-based treatment models supported by the federal Family First Act and selected by the State for implementation to support community and home-based care for children and families. Spurwink is the second certified organization nationwide in the evidence-based CARE model developed at Cornell University that improves child safety, increases permanency, increases family and community stability, and promotes child and family well-being.

STATE'S FIRST CRISIS RECEIVING CENTER IN MAINE OPENED IN PARTNERSHIP WITH DHHS

The Living Room Crisis Center (LRCC) provides crisis care in a warm and welcoming environment in downtown Portland, providing an interim option between mobile crisis, law enforcement intervention, and the emergency department. Spurwink is partnering with the State of Maine and the Department of Health and Human Services (DHHS) in opening the LRCC, which is the first program of its kind in Maine. It provides a voluntary and compassionate alternative for those experiencing a mental health crisis or substance use crisis, whatever that crisis means to them.





CARE PARTNERSHIPS

Partnering with Local Law Enforcement

Spurwink has partnered with a local police department in southern Maine in providing behavioral health and social supports, helping to divert the need for police involvement in some cases. Building upon this success, Spurwink was awarded a contract to expand these services to additional towns.

A Family for ME

The “A Family for ME” (AFfME) Foster Care Recruitment campaign, in collaboration with Maine Department of Health and Human Services (DHHS), works to raise awareness of the urgent need to find Maine families to parent children in foster care.

Project NOW: Ending Youth Exploitation

Due to the increase in Commercial Sexual Exploitation of Children (CSEC) cases in Maine, the Cumberland County Children’s Advocacy Center (CCCAC) co-facilitated by and housed at Spurwink’s Center for Safe and Healthy Families, now employs a CSEC Case Coordinator to help facilitate a coordinated response for youth who are trafficked through Project NOW: Ending Youth Exploitation.



SPURWINK

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SUCCESS STORY: JP

JP came to Spurwink Day Treatment in the 8th grade due to behavioral health challenges beyond the public school’s ability to manage. Over time, he began to thrive in our therapeutic environment, relying on warm, caring relationships with well-trained staff, as well as the flexibility to individualize plans and programming to his unique needs. Now 16 years old, JP is a model student who earns excellent grades and regularly offers compassionate support to his peers. About to start his first part-time job, JP is proud to share his story of how he has overcome so many childhood challenges.