

DONOR IMPACT REPORT WINTER 2023

THANK **YOU** FOR SUPPORTING SPURWINK & MAKING POSSIBLE...

- 8,500 children, adults, and families served by Spurwink in 2022 with a 94% satisfaction rate.
- In our Public School Counseling program, 89% of parents and guardians reported that youth made progress toward goals.
- Over 300 clients and families received Flex Funds for basic needs and access to care in our Outpatient and Community Services Program.

YOUR INVESTMENT FUNDS BEHAVIORAL HEALTH & EDUCATION SERVICES THROUGH OUR CORE VALUES: EXCELLENCE, PARTNERSHIP, PERSON CENTERED, RESPECT, COMMITMENT, AND CARING

EXCELLENCE: Spurwink's Therapeutic Preschool is innovating new ways to incorporate technology in learning and play activities. A new large touch screen monitor enables extended group activities, increases students' visual attention, and encourages verbalizing during turn taking, and an iPad share program allows families to take home a classroom iPad with suggestions for how families can practice, extend, and individualize activities on the iPad, building on the progress students are making in class.



PARTNERSHIP: Ashlea's Place, an ultra-low barrier housing first mental health recovery residence for people struggling with long-term homelessness, is a collaboration between Spurwink, Community Housing of Maine (CHOM), and Milestone Recovery. It is designed to serve those who have struggled to maintain placement in residential programs, Private Non-Medical Institutions, housing first, and shelter services due to struggles with serious mental illness, substance use, and justice system involvement. To learn more, visit spurwink.org/ashleas-place/



PERSON CENTERED: We are grateful for United Way of Southern Maine's support of Flex Funds, which allow Spurwink to meet basic needs and provide access to care. In York County, Spurwink case managers can provide gas gift cards and enable the families they work with to get to appointments, work, and school, ensuring greater stability and supporting treatment goals.





PROGRAM SPOTLIGHT

Meet Clarissa and Matthew. Clarissa is a Shared Living Provider to her brother, Matthew, who is an adult living with Intellectual and Developmental Disabilities (IDD). The two just recently joined a bowling league, and Matthew "loves it!"

In his local community, Matthew enjoys playing pool/billiards, going to the movies, participating in theme parties (Halloween), and Karaoke at local establishments. As a family, they have planned activities and trips that support Matthew's interests including crystals, visiting the Statue of Liberty, and Museum of Natural History. They are currently planning a trip to Disney, with a focus on Star Wars-related rides, events, activities.

Matthew works several hours a week cleaning, and also a few hours a week where he's involved in community engagement activities with support staff. He loves the ability to have his own space but also be able to have structures in place to feel safe and consistent. Because of Shared Living, there is predictability, and his surroundings are stable.

Clarissa and Matthew had to learn how to navigate Shared Living from a sibling point of view, and says that it has been a positive learning experience and really works for them.

You can read the full article on Spurwink's website at spurwink.org/shared-living.

In every case, we meet the clients where they are and provide individualized treatment, walking alongside them on their journey. Your support ensures access to care for Maine's most vulnerable even during the COVID-19 pandemic.

TOGETHER, WE ARE SPURWINK!