

#### SPURWINK. GOING THE DISTANCE.

We are pleased to present to you Spurwink's Fiscal Year 2022 Annual Report.

As Spurwink's President and CEO, and Chair of the Board of Directors, we are proud to share the impact and progress the agency has made over the past year. Spurwink has adapted to better meet the needs of our community, implementing new programs and initiatives to better serve Mainers in need.



Despite the challenges and uncertainties of the past year, all of us at Spurwink have remained committed to our mission of providing behavioral health and education services to children, adults, and families. We believe that everyone deserves access to high-quality, evidence-based care, and we are committed to providing just that.

I am so grateful to be a part of Spurwink. The agency's commitment to innovation and care truly makes a significant difference in our community. Spurwink's reach in Maine is broad, but its impact on the people we serve and their families is deeply personal.

— Alistair Raymond

e impact Spurwink has had

We hope this annual report will give you a sense of the work we are doing and the impact Spurwink has had on the community. We are grateful for your support and partnership, and look forward to continuing to serve the community in the years to come.

Sincerely,

Eric Meyer

President & CEO

Ein Megan

Alistair Raymond, Esq. Chair, Board of Directors

#### **PROGRAM HIGHLIGHTS**

Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in the highlights and data below, we are working with the community to increase access to these needed behavioral health and education services by forging key community partnerships, improving client health care records, securing funding for needed services, and working directly with caregivers. If you know someone who would benefit from Spurwink's services, please call The Link at 1-888-889-3903.

# Biddeford Council approves more mental health workers for police department

Biddeford expanded a contract with Spurwink to add two additional community engagement specialists to help handle the growing number of mental health calls in the community. The specialists help respond to mental health crises and work with people to access treatment and resources. Read the article on the Portland Press Herald's website.

# Spurwink launches new program for adults with co-ocurring mental health & substance use disorders

Spurwink launched Bigelow, a new Adult Residential Treatment program, to provide integrated residential treatment to adults 18+ with co-occurring mental health and substance use disorders. The program is located at 899 Riverside Street in Portland. This unique program helps meet unmet community needs with a goal of supporting adults in their recovery so that they can successfully return to independent living in the community. The facility has fifteen beds, with an estimated length of stay of up to one year.

Referrals may come from community settings, in-patient or hospital settings, or correctional facilities. Individuals served are given an opportunity to receive necessary treatment in a safe and welcoming setting. Read more on our website.

## 2021 Spurwink Board of Directors Team Recognition Award

We are pleased to announce the winner of the Spurwink Board of Director's Team Recognition Award! The Adult IDD Services, Old Lisbon Road (OLR) Nursing Facility Senior Managers Team was chosen as the outstanding team this year, worthy of this recognition. While a number of superb teams were nominated by their peers the OLR Managers team stood out this year in particular. Read more on our website.

## Unum and the Hudson Foundation provide funding for ShifaME

Unum (\$30,000) and the Hudson Foundation (\$25,000) provided funds for culturally appropriate behavioral health services for immigrant and refugee youth and their families through school groups and trauma-informed therapy in our ShifaME program. Funds will provide basic needs and access to critical mental health services for children and their families affected by the COVID-19 pandemic. Read more on our website.

#### Grants in Action: The Key Bank Foundation

The Key Bank Foundation awarded Spurwink \$25,000 to launch the Key Bank Workforce Fund to help address the workforce crisis. The Fund will provide matching tuition-reimbursement for staff continuing their education, and opportunities for professional development in the behavioral health and education fields, improving the expertise and wage potential of the Spurwink workforce. Ultimately, the Fund will improve Spurwink recruitment and retention, leading to more consistent care for children and adults with ID/DD and behavioral health challenges, and a more highly trained workforce that can more fully meet the diverse needs of our clients across Maine.

#### Spurwink ALLTECH gets a new home

Spurwink ALLTECH has moved from their long-time location on Riverside Street in Portland to the Hannaford Plaza (295 Forest Ave) in Portland. ALLTECH provides technology solutions for the educational, communication, daily living, and workplace challenges experienced by people of all ages and abilities. Learn more about ALLTECH's Assistive Technology and other services by visiting their website, <a href="https://www.spurwinkalltech.org">www.spurwinkalltech.org</a>.

# Spurwink preschool receives funds from The Virginia Hodgkins Somers Foundation

The Virginia Hodgkins Somers Foundation has provided \$20,000 to ensure access to behavioral health care and educational services for children attending Spurwink's Therapeutic Preschool and youth affected by behavioral health and intellectual disabilities in York County.

#### Grants in Action: The UPS Foundation

The UPS Foundation awarded Spurwink's statewide A Family for ME foster care recruitment program \$15,000 toward raising awareness about the urgent need for foster families in Maine. A Family for ME is a partnership between the Maine Department of Health & Human Services and Spurwink. Funds will provide outreach to help identify foster parents who can provide temporary care to infants who are in the process of reunification with their birth families, larger sibling groups to allow these siblings to remain connected in the same home, and for older youth with behaviors resulting from their exposure to traumatic events.

## The Marr-Anderson Family Foundation helps the under-insured

Spurwink is proudly supported by the Marr-Anderson Family Foundation, who understands that encouraging individuals to fulfill their dreams means offering compassionate support during difficult times when one's dreams may be put on hold. The Foundation provided \$10,000 to help children, youth, adults, and families who lack insurance or are under-insured access critical mental health services and basic needs through Spurwink's Outpatient and Community Services division, providing behavioral health and education services for

children, adults, and families in Maine. <u>Read more</u> <u>on our website.</u>

Norway Savings provides funds for the Bigelow program

Norway Savings Bank awarded \$10,000 for wellness activities at Spurwink's new Adult Co-occurring Residential program providing trauma informed, recovery oriented Residential Treatment Services for adults with serious mental health needs and substance use disorders.

## Grants in Action: The United Way of Southern Maine

The United Way of Southern Maine awarded Spurwink \$11,000 to support the Spurwink Therapeutic Preschool in Saco and \$7,500 to support teen mental health in York County. Funding will provide staff at the Spurwink Preschool and other Biddeford-area providers with Social Thinking training designed to help children improve social competency, purchase Occupational Therapy and Sensory Integration materials, and promote caregiver/child communication and emotional regulation at home. Funds will also provide access to mental health care for adolescents and help youth and their families meet basic needs during the pandemic so that they can stabilize and fully participate in treatment.

#### Wedding Barns of Maine donate share of proceeds to Spurwink

The Barn At Flanagan Farm and The Barn on Walnut Hill donated a share of proceeds from their weddings to Spurwink through their Love/Give program. Having worked at Spurwink earlier in his career, owner Mike Haimes shared, "I've had the opportunity to see the incredibly challenging work Spurwink does, and we are both excited to find ways to support its growth into the future." Read more on our website.



# Spurwink, in partnership with DHHS, opens state's first Living Room Crisis Center

Spurwink continues to provide innovative solutions to meet urgent mental health needs in Maine. The new Living Room Crisis Center (LRCC) provides an interim option between mobile crisis, law enforcement intervention, and the emergency department, in a warm and welcoming environment at 62 Elm Street in Portland. You can view media coverage and read more on our website.

#### Humanitarian Awards raises funds, honors Margo Walsh

On June 2nd, Spurwink honored Margo Walsh, Founder MaineWorks, Co-Founder Maine Recovery Fund, as the Humanitarian of the Year recipient. The event raised over \$175,000 with 275 people in attendance. Read a summary of the event, view photos, see the 'Mosaic of Spurwink' video, and see a live recording if you weren't able to join in person. Read more on our website.

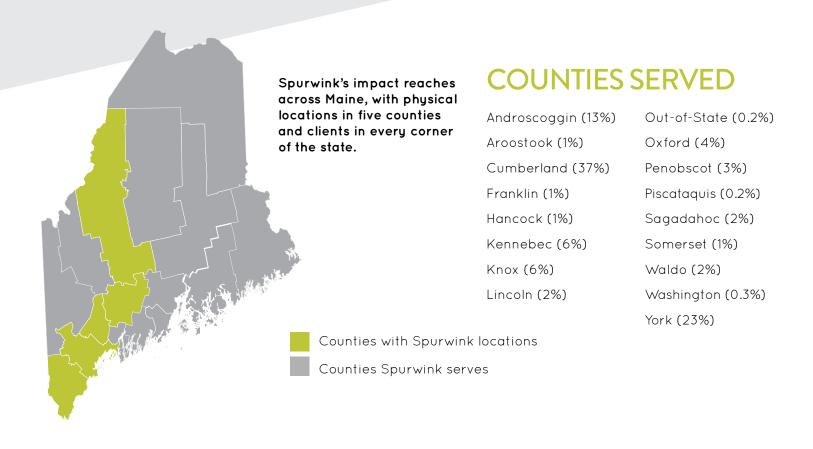
## Spurwink receives reaccreditation by COA

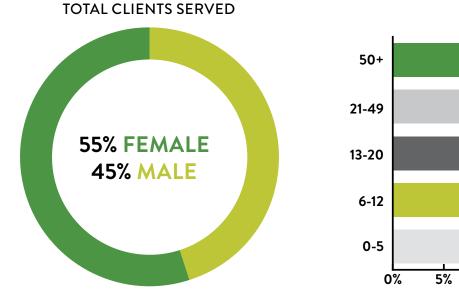
Spurwink has officially been reaccredited by the Council on Accreditation (COA). Reaccreditation is a tremendous achievement that demonstrates that Spurwink has been recognized as a provider that continues to successfully implement high performance standards, and deliver the highest quality services. The reaccreditation process was an allagency effort that took nearly 12 months to complete, with the culmination being the onsite visit that occurred at the beginning of November 2021.

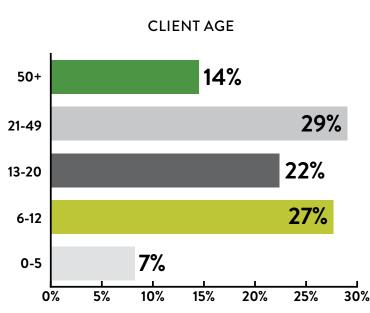
#### Visit <u>spurwink.org/blog</u> to read even more and see what's new!



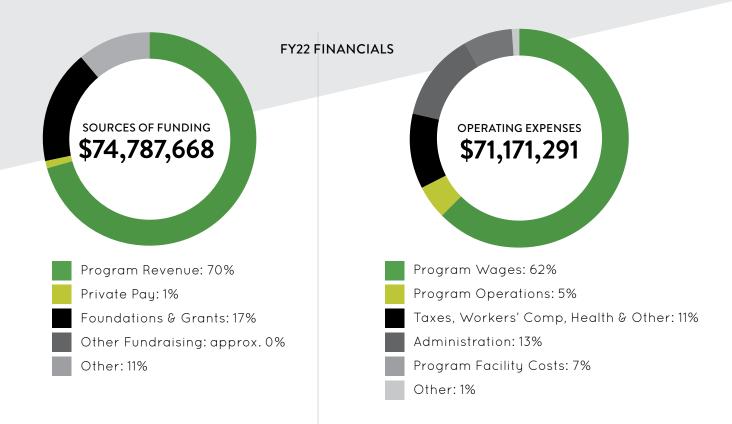
## SPURWINK'S IMPACT BY THE NUMBERS







#### IMPACT BY THE NUMBERS



Overall, Spurwink served 7,803 individuals in FY22, distributed as follows, compared to the two previous consecutive years.

PROGRAM	# SERVED FY20	# SERVED FY21	# SERVED FY22
Adult Behavioral Health Home	218	245	232
Adult Community Case Management	131	141	144
Adult Mental Health Residential (Bigelow)	N/A	N/A	8
Adult Residential Programs	114	90	100
Children's Behavioral Health Home	1,183	1,110	1,256
Children's Day Treatment Programs	166	144	128
Children's Residential Treatment	114	98	60
Functional Family Therapy	89	125	124
Licensed Affiliate Clinician Program	3,112	2,916	2,958
Living Room Crisis Center	N/A	N/A	223
Opioid Health Home	66	68	80
Outpatient Counseling Services	554	600	707
Public School Counseling Program	1,567	1,319	1,272
Spurwink Adult Behavioral Health: ACT	93	123	95
Spurwink Adult Behavioral Health: O/P & Med Mgt	451	375	367
Spurwink Center for Safe and Healthy Families	977	837	957
Therapeutic Preschool Program	39	37	36
Treatment Foster Care	57	53	36
TOTALS*	7,976	7,418	7,803

<sup>\*</sup>Please note that Spurwink serves individuals that may be included in one or more programs per FY.

#### **CORPORATE PARTNERS**

As part of the Corporate Partners Program, these business leaders are making a difference for behavioral healthcare in Maine. We are delighted to recognize our Fiscal Year 2022 Corporate Partners. Please contact us to learn how your business can be a partner in creating a stronger and healthier Maine.





































#### going the distance

#### **FY22 SENIOR LEADERSHIP TEAM**

Eric Meyer, President & CEO

Sandra Bissell, Vice President of Human Resources

Dan Bonner, Chief Operating Officer

Amy Cohan, Vice President of Outpatient & Community Services

Al Durgin, Vice President of CQI & Outcomes

Kristen Farnham, Vice President of Development

Ginny Gentile, Chief Financial Officer

Misty Marston, Vice President of Child Residential & Education Services

Sue Murphy, Vice President of Adult Intellectual & Developmental Disabilities Services

#### **FY22 BOARD OF DIRECTORS**

Alistair Raymond, Esq., Board Chair

Theresa Kelly, Vice Chair

Tari Advani, M.D.

Richard Berthy

Senator Cathy Breen

Daniel Fishbein. M.D.

Jim Giberson

Tom Magadieu

Rose McManus

Matthew Winch

atie Babcock; Sandy Boyce; Tom Brook; Carrie aker; Gabrielle Gallucci; Jim Giberson; Melanie addieu; Rebecca Messer; Eric Meyer; Alayna

**FY22 DEVELOPMENT COMMITTEE:** Sue Alexander; Katie Babcock; Sandy Boyce; Tom Brook; Carrie Cianchette; Kristen Farnham; Jessica Estes; Edette Flaker; Gabrielle Gallucci; Jim Giberson; Melanie Gilligan; Katie Leinwand; Michelle Libby; Tom Magadieu; Rebecca Messer; Eric Meyer; Alayna Mladucky; Dawn Peterson; Emily Silevinac; Josh Silver, Esq.; Jennie Summers-Shea; June Usher

**FY22 INVESTMENT COMMITTEE:** Rich Berthy, Chair; Sandy Bissell; Jack Bjorn; Dan Bonner; Maria Clarice Chua; John Everett; Ed Feibel; Ginny Gentile; John Leonard; Eric Meyer; Anne O'Donovan; James Olson; Michael Schmitt; Elizabeth Skiba; Ann Vogler; Matthew Winch; Roseann Woodford

901 Washington Ave., Suite 100, Portland, ME 04103 888.889.3903 spurwink.org





