



DONOR IMPACT REPORT

SUMMER 2022



THANK YOU FOR SUPPORTING SPURWINK & MAKING POSSIBLE...

- The opening of Maine's first Living Room Crisis Center in early 2022 — serving over 230 individuals between February and June — helping to meet urgent mental health needs in Maine.
- ALLTECH serving over 410 individuals across Maine through assistive technology for communication and its learning loan program.
- Critical mental health services to over 1,300 youth in over 60 partnering public schools across Maine.
- The participation of 25 students from Spurwink's Chelsea, Glickman, and Lewiston schools in vocational jobs, both in the community and in-house, including in Chelsea's woodworking and small engine shops.

YOUR INVESTMENT FUNDS BEHAVIORAL HEALTH & EDUCATION SERVICES THROUGH OUR CORE VALUES: EXCELLENCE, PARTNERSHIP, PERSON-CENTERED, RESPECT, COMMITMENT, CARING

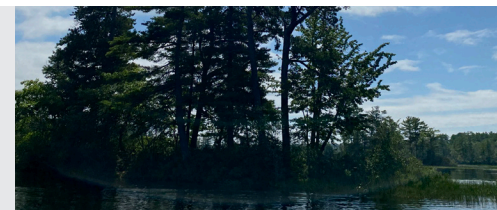
EXCELLENCE: Spurwink has created two new annual training initiatives for clinicians, focusing on Attachment, Regulation, and Competence (ARC), an evidence-based trauma treatment model, and Cognitive Behavioral Therapy (CBT), an evidence-based model for treating depression and anxiety. Additional evidence-based models will be added in the future. Spurwink is committed to continuous learning to improve proven, effective models that are accountable in a culture of constant improvement.



PARTNERSHIP: Spurwink has partnered with Biddeford and Saco Police in providing behavioral health and social supports, helping to divert the need of police involvement in some cases. Building upon this success, Spurwink was recently awarded a contract to expand these services to the Tri-Town Police Departments of Cumberland, Falmouth, and Yarmouth.



PERSON-CENTERED: In planning a week-long trip to Camp Tall Pines, staff incorporated outings and events based on the interests of residents. They enjoyed coffee at Dunkin' Donuts, a dinner at Applebee's, and a special engagement party for two of the residents.



CARING: An individual in our Bigelow program has created a mural to welcome people to the space. They incorporated tree branches to convey a gentle hug, and soothing colors to illustrate their journey in this program. Bigelow is a new Adult Residential Treatment program that combines mental health and substance use treatment services to better meet the needs of people with complex challenges due to co-occurring disorders.



PROGRAM SPOTLIGHT

With the support of Spurwink maintenance engineer, Bob, a resident of Spurwink's Old Lisbon Road program has built and painted over 50 bird houses, despite being blind. He gives them to staff and friends, who in-turn donate to cover the cost of supplies so Gary can continue to create more birdhouses! Gary and Bob have built a special friendship through their shared hobby.

"It's a very exciting hobby for him," said Kelly Kierstead, Administrator at Old Lisbon Road. "I have two in my yard; one was full of baby birds this spring!"



In every case, we meet people where they are and provide individualized treatment, walking alongside them on their journey. Your support ensures access to care for Maine's most vulnerable people, even during the COVID-19 pandemic.

TOGETHER, WE ARE SPURWINK!