



Fiscal Year 2020

ANNUAL REPORT



SPURWINK

**SPURWINK.
GOING THE DISTANCE, EVEN DURING A
PANDEMIC.**

This Fiscal Year began rather typically, with thoughtful planning and a hopeful year ahead of us, improving and expanding our caring and dedicated services to nearly 8,000 children, adults, and families here in Maine. Then, like everyone in our state, Spurwink as a whole was deeply affected by the COVID-19 pandemic. It challenged us as an agency, as employees, as colleagues, and as friends and family members. Huge change and innovation took place almost overnight as we quickly transitioned to telehealth services, implemented vigorous health and safety protocols for staff and residential clients and family members, and learned how to work and “meet” remotely where possible.



I do think it's important to recognize that Spurwink's frontline heroes were heroes before the pandemic, that our community will owe them a tremendous debt of gratitude for their sacrifices during the pandemic, and that they'll continue to be heroes after the pandemic. I hope that none of us forget that.

— Alistair Raymond

This Annual Report is more than a mere report on services we were able to provide despite the pandemic. It is a testament to the bravery and commitment demonstrated by our staff and clients in unprecedented times.

Through it all, Spurwink stayed true to our values of providing respectful, caring, and dedicated services to the individuals we serve. Thank you for caring about behavioral health and supporting Maine people.

Sincerely,

Eric Meyer
President & CEO

Alistair Raymond, Esq.
Chair, Board of Directors

PROGRAM HIGHLIGHTS

Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in the highlights and data below, we are working with the community to increase access to these needed behavioral health and education services by forging key community partnerships, improving client health care records, securing funding for needed services, and working directly with caregivers. If you know someone who would benefit from Spurwink's services, please call The Link at 1-888-889-3903.

ShifaME Presents Trauma Systems Therapy for Refugees at the Annual Child Development & Behavior Conference

Representatives from Spurwink's ShifaME program had the opportunity to introduce a large audience to Trauma Systems Therapy adapted for Refugees (TSTR). Staff presented at the Annual Child Development and Behavior Conference hosted by the Edmund N. Ervin Pediatric Center at Colby College. The audience consisted largely of medical and mental health professionals with the focus of the event being Evidence Based Practices serving vulnerable youth.

Inaugural Grant from United Way of Greater Portland Launches Opioid Treatment Program

Spurwink was pleased to receive an inaugural grant from United Way of Greater Portland, which supported the launch of an opioid treatment program that addresses the critical need for opioid use disorder treatment in Cumberland County. The Medication Assisted Treatment program at Spurwink Adult Behavioral Health provided treatment to 50 clients in its first year and served adults with co-occurring serious mental illness and opioid substance use disorder. [Read more on our website.](#)

Spurwink Staff Recognized by Children's Advocacy Center

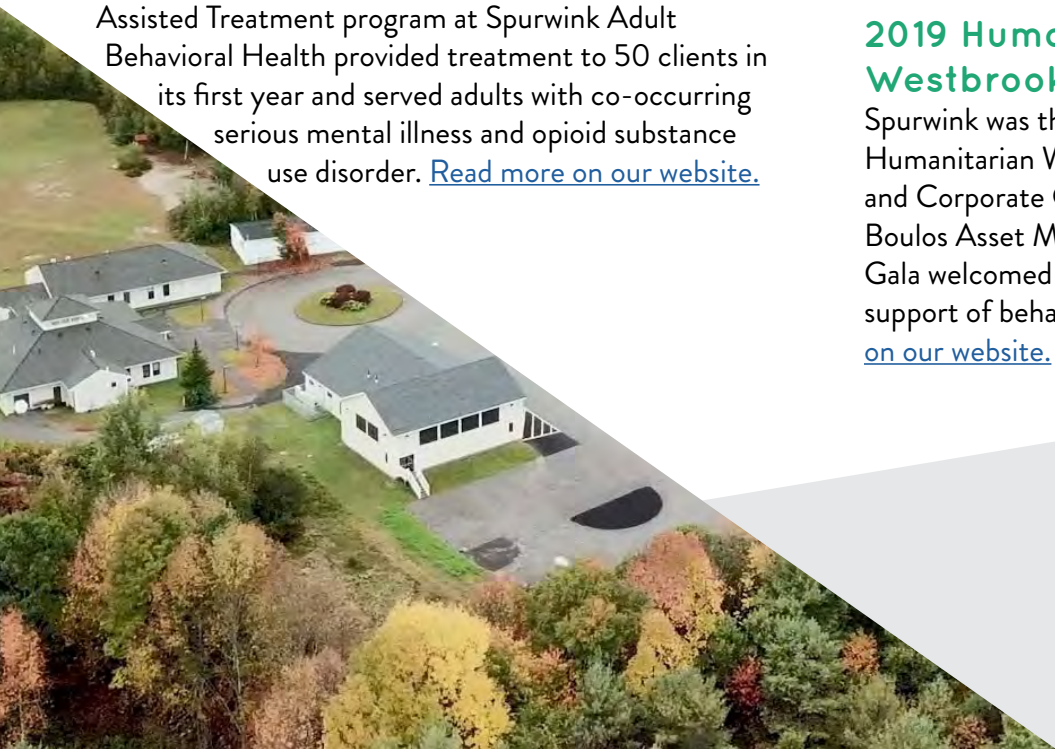
Two of Spurwink's staff were recognized by the Children's Advocacy Center (CAC) of Androscoggin, Franklin, & Oxford (AFO) Counties at its regional Multidisciplinary Team Training. Dr. Amanda Brownell, Medical Director for the Spurwink Center for Safe and Healthy Families, received the Community Commitment Award, and Abbey O'Connor, Regional Director of Outpatient and Community Services, Western Region, received the Rapid Response Award.

Expanding Seed to Plate Program

With support from the Big Lots Foundation, Spurwink expanded its Seed to Plate Program, introducing youth with behavioral health challenges and development disabilities to gardening and eating fresh, local, unprocessed foods. The Day Treatment and Residential Programs in Lewiston used the funds to build a new greenhouse, allowing them to grow tomatoes, lettuce, zucchini, cucumbers, and peppers, from seed. [Read more on our website.](#)

2019 Humanitarian Honors Westbrook Police Chief

Spurwink was thrilled to recognize its 2019 Humanitarian Westbrook Police Chief Janine Roberts, and Corporate Care Awardee The Boulos Company/ Boulos Asset Management. The annual Humanitarian Gala welcomed 350 guests and raised \$175,000 in support of behavioral healthcare in Maine. [Read more on our website.](#)





OCS Team Receives 2019 Board of Directors' Team Award

Members of the Outpatient Community Services Regional Directors Team received the 2019 Board of Directors' Team Award. Each year, the Board grants this award to an outstanding team that has made a significant contribution to Spurwink. Award recipients are based on numerous factors, including hard work, dedication, and tangible results that benefit the organization. [Read more on our website.](#)

President's Leadership Lunch Provides Insight & Appreciation

Community leaders and supporters were invited to a President's Leadership Lunch, where Eric Meyer, Spurwink's President & CEO, spoke about Spurwink and its impact in the community. This event is an opportunity to engage donors by highlighting an area of donor impact as well as show appreciation for supporters of mental and behavioral health. Spurwink Adult Behavioral Health's Opioid Health Home was the focus of this leadership series. [Read more on our website.](#)

Farris Foundation Helps Spurwink Stay at the Forefront of Trauma-Informed Behavioral Health Care

Through the generosity of the Farris Foundation, Spurwink has been able to stay at the forefront of trauma-informed behavioral health care with the ability to attend key national conferences and increase advanced training in trauma focused evidence-based practices. [Read more on our website.](#)

Spurwink Center for Safe and Healthy Families Receives National Children's Alliance Grant

Spurwink's Center for Safe and Healthy Families (CSHF), Maine's only provider of forensic medical exams for children who may have been abused or neglected, was awarded a grant from the National Children's Alliance for EVA (Enhanced Visual Assessment) equipment for photo and video documentation of medical exams. This system allows for HIPAA compliant consultation between medical providers, enhancing our ability to serve satellite clinics. The equipment is hands free, allowing for quicker and more efficient documentation, thus reducing the length of exams. [Read more on our website.](#)

Celebrating 60 years of Going the Distance

2020 marks a milestone for Spurwink: 60 years of showing care, dedication, respect, and innovation to Maine children, adults, and families. [Read more on our website and view Spurwink's 60th Anniversary video.](#)

Adult Administrative Office Moves Locations

The Adult Program administrative office moved to a new location at 39 Mechanic Street in Westbrook. The office is in Sebago Commons, which abuts William Clarke Drive. This move was one of the last steps to complete the unification between Community Partners and Spurwink that occurred with their merger in January 2018. This space can now accommodate a team of managers and directors, office personnel, and secure a training space large enough to accommodate the program workforce of more than 300 people.

Spurwink Awarded New State Contract from OCFS

Spurwink was awarded a \$3.5 million statewide Clinical Consultation and Support Services contract from the Maine Department of Health and Human Services (DHHS), Office of Child and Family Services (OCFS). The 5-year project will help build the critical thinking and clinical decision-making skills among the Department's Child Protective Services staff through clinical supports and training.

New Adoption Matching Program

Spurwink was asked by DHHS to provide statewide adoption matching services for children who are legally free and awaiting a forever family. The Adoption Matching Program (AMP) gathers information about Maine's waiting children as well as licensed families who are interested in adopting. This information is entered into a matching algorithm, and matches are then vetted by clinical staff. The matching recommendations are sent to DHHS. AMP is now fully staffed and has been working together to develop creative, trauma-informed games and activities to engage children with and gather information to best inform our matching process.

Community Trainings & Recognitions in the Areas of Child Abuse & Domestic Violence

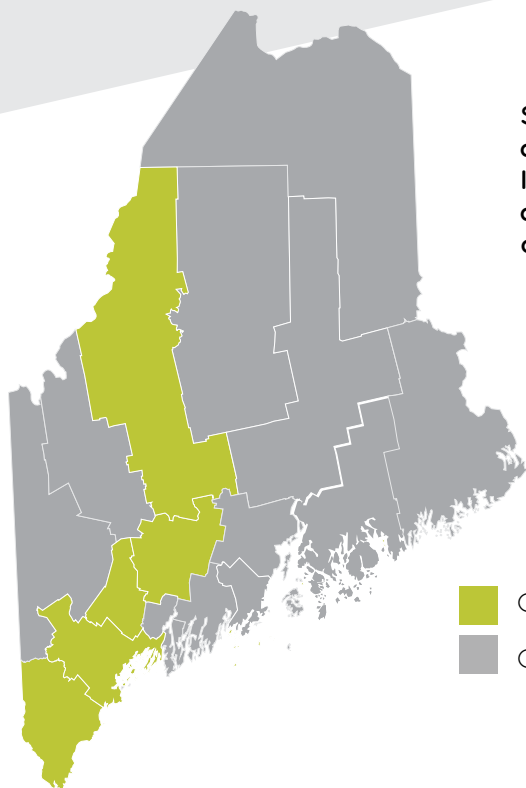
Larry Ricci, MD and Child Abuse Pediatrician, presented at the Clinton County Children's Advocacy Center conference in Lake Placid on child abuse pediatrics, its origins and clinical practices, and on errors in child abuse decision-making. Joyce Wientzen, Program Director for the Spurwink Center for Safe and Healthy Families and Cumberland County Children's Advocacy Center, provided training for Guardians Ad Litem who are providing pro bono services in cases of domestic violence. She also presented to the Children's Advocacy Center of Androscoggin, Franklin, and Oxford County (CACAF0) on recantation in sexual abuse cases. Amanda Brownell received the Community Commitment Award from CACAF0 for her work in providing medical care to children seen at the CACAF0.

Bridge Funding to Help Close Financial Gap, Help With Treatment


With funding from the Eunice Frye Home Foundation, Spurwink was able to launch The Bridge Fund. This funding helps meet the basic needs of individuals in the Spurwink Adult Behavioral Health program who are struggling with serious mental illness and substance use disorders so they can more fully engage in treatment. It can help with housing, job training, transportation, or other needs that help to build stability.



SPURWINK'S IMPACT BY THE NUMBERS



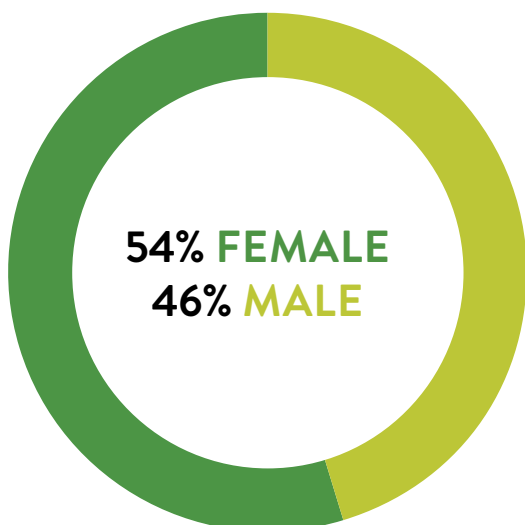
Spurwink's impact reaches across Maine, with physical locations in five counties and clients in every corner of the state.

 Counties with Spurwink locations
 Counties Spurwink serves

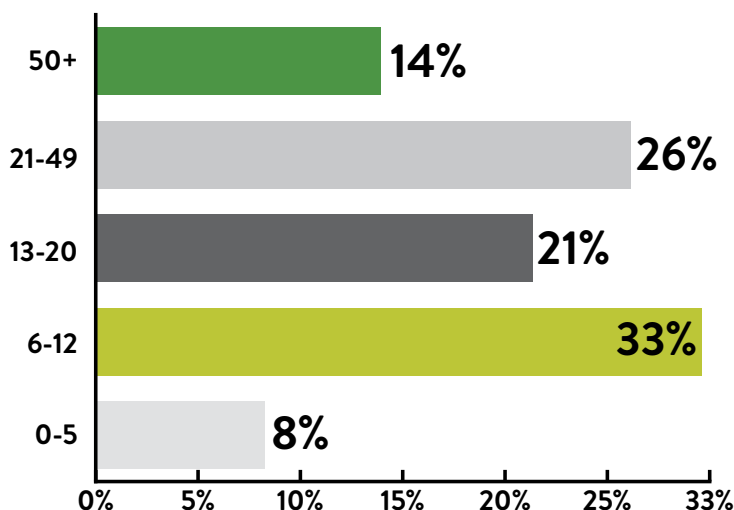
COUNTIES SERVED

Androscoggin (13%)	Oxford (2%)
Aroostook (1%)	Penobscot (2%)
Cumberland (38%)	Piscataquis (0.2%)
Franklin (1%)	Sagadahoc (1%)
Hancock (1%)	Somerset (1%)
Kennebec (6%)	Waldo (2%)
Knox (8%)	Washington (0.2%)
Lincoln (2%)	York (21%)

TOTAL CLIENTS SERVED

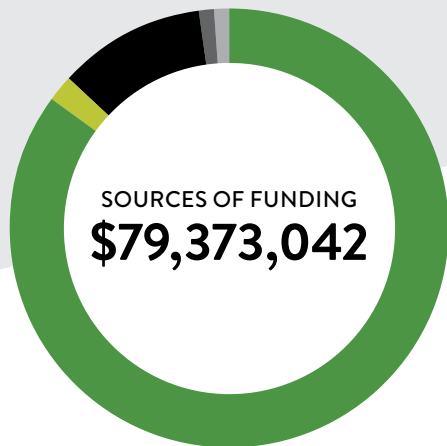


CLIENT AGE

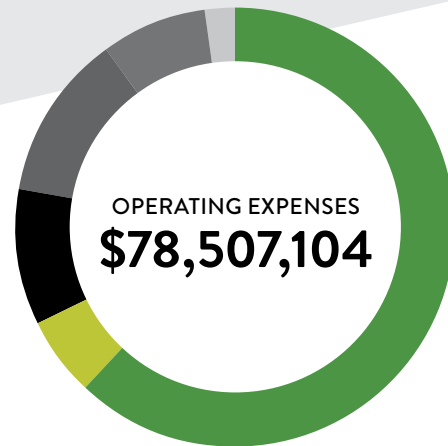


IMPACT BY THE NUMBERS

FY20 FINANCIALS



- Program Revenue: 85%
- Private Pay: 2%
- Foundations & Grants: 11%
- Other Fundraising: 1%
- Other: 1%



- Program Wages: 62%
- Program Operations: 6%
- Taxes, Workers' Comp, Health & Other: 10%
- Administration: 12%
- Program Facility Costs: 8%
- Other: 2%

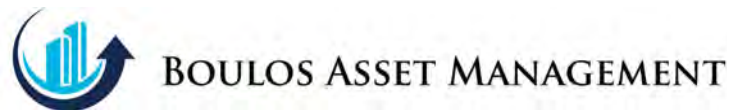
Overall, Spurwink served 7,976 individuals in FY20, distributed as follows, compared to the two previous consecutive years.

PROGRAM	# SERVED FY18	# SERVED FY19	# SERVED FY20
Adult Behavioral Health Home	95	162	218
Adult Community Case Management	91	110	131
Adult Day Programs	94	77	78
Adult Residential Programs	135	114	114
Children's Behavioral Health Home	969	1,184	1,183
Children's Day Treatment Programs	180	172	166
Children's Residential Treatment	120	120	114
Functional Family Therapy	90	64	89
Licensed Affiliate Clinician Program	3,750	3,690	3,112
Opioid Health Home	N/A	N/A	66
Outpatient Counseling Services	521	544	554
Public School Counseling Program	1,441	1,514	1,567
Spurwink Adult Behavioral Health: ACT	51	69	93
Spurwink Adult Behavioral Health: O/P & Med Mgt	285	373	451
Spurwink Center for Safe and Healthy Families	1,026	1,158	997
Therapeutic Preschool Program	29	38	39
Treatment Foster Care	55	57	57
TOTALS*	8,059	8,435	7,976

*Please note that Spurwink serves individuals that may be included in one or more programs per FY.

CORPORATE PARTNERS

As part of the Corporate Partners Program, these business leaders are making a difference for behavioral healthcare in Maine. We are delighted to recognize our 2019 Corporate Partners. Please contact us to learn how your business can be a partner in creating a stronger and healthier Maine.





SPURWINK

going the distance

FY20 SENIOR LEADERSHIP TEAM

Eric Meyer,
President & CEO

Dan Bonner,
Chief Operating Officer

Amy Cohan,
Vice President of Outpatient &
Community Services

Al Durgin,
Vice President of CQI & Outcomes

Kristen Farnham,
Vice President of Development

Kane Loukas,
Vice President of Child Residential
& Education Services

John McAnuff,
Chief Financial Officer

Jon Normand,
Vice President of Education Services

Mary Celia O'Neil,
Vice President of Human Resources

FY20 BOARD OF DIRECTORS

Alistair Raymond, Esq., Board Chair

Theresa Kelly, Vice Chair

Tari Advani, M.D.

Richard Berthy

Senator Cathy Breen

Melissa A. Coulombe, Esq.

Thomas Daffron

Daniel Fishbein, M.D.

Jim Giberson

Cathy Liston

Rose McManus

Francoise Paradis

Doug Sanford

Matthew Winch

FY20 DEVELOPMENT COMMITTEE: Sue Alexander; Katie Babcock; Carrie Cianchette; Melissa Coulombe, Esq.; Judy Coye; Jessica Estes; Jim Giberson; Melanie Gilligan; Michelle Libby; Joe Reynolds; Heather Shields; Josh Silver, Esq.; June Usher; Avery Windham; April Ylvisaker

FY20 INVESTMENT COMMITTEE: Matthew Winch, Chair; Tari Advani, M.D.; Richard Berthy; John Everett IV; Sara Lewis; James Olson; Doug Sanford; Ed Simmons

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