



Fiscal Year 2019

ANNUAL REPORT



SPURWINK

SPURWINK. GOING THE DISTANCE FOR 60 YEARS.

Beginning with one house serving eight boys in Portland in 1960, Spurwink has grown to offer a full continuum of services for approximately 8,400 people across Maine each year through the dedication of 1,200 employees across the state. Although Spurwink's reach is now broader, our vision remains the same: providing exceptional and evidence-based behavioral health and education services to children, adults, and families so that they can lead healthy, engaged lives in the community.



Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in this Annual Report, our reach is broad but our commitment to the individual is deeply personal.

I've been a member of the Board at Spurwink for over ten years. During this time, I've been able to see so many lives touched by the work that we do. I am humbled to be a part of such an organization with the impact that it has in our community.

— Alistair Raymond

Thank you for caring about behavioral health and supporting Spurwink's clients.

Sincerely,

Eric Meyer
President & CEO

Alistair Raymond, Esq.
Chair, Board of Directors

PROGRAM HIGHLIGHTS

Spurwink's therapeutic, evidence-based programs touch many different aspects of behavioral health care. As you will see in the highlights and data below, we are working with the community to increase access to these needed behavioral health and education services by forging key community partnerships, improving client health care records, securing funding for needed services, and working directly with caregivers. If you know someone who would benefit from Spurwink's services, please call The Link at 1-888-889-3903.

NEW PHYSICIAN JOINS SPURWINK CENTER FOR SAFE AND HEALTHY FAMILIES

Amanda Brownell, MD, joined the Spurwink Center for Safe and Healthy Families team (formerly known as the Child Abuse Program). Dr. Brownell is a board-eligible child abuse pediatrician and completed her pediatric residency at Maine Medical Center in 2015. She completed a 3-year fellowship in child abuse pediatrics at the Cincinnati Children's Hospital Medical Center.

OPENING OF KENNEBEC HOUSE

A 16-bed facility named "Kennebec House" was built on the grounds of Spurwink's Chelsea campus. The residence is the centerpiece of this beautiful campus and sits just out of the field of vision of the day treatment building where many of the residents receive educational services. In addition to being completed on time, the building was built within budget. Kids and families have been thrilled with the floor plan and the opportunities for togetherness or privacy as the circumstances dictate. Despite its size, the building is cozy, yet sufficiently spacious to allow complete freedom of movement.

CONGRESSWOMAN CHELLIE PINGREE VISITS BIDDEFORD OFFICE

Staff members from the Biddeford Spurwink office met with Congresswoman Chellie Pingree and her staff to discuss Spurwink as a whole and to explain more about ShifaME services in particular. They spoke about the unique barriers refugee and asylees face in Maine and made suggestions for addressing these barriers. Congresswoman Pingree offered her support for the future of the ShifaME program and support in serving Maine refugee and asylee individuals and families.

BOARD OF DIRECTORS' TEAM RECOGNITION AWARD WINNERS

Spurwink's Board of Directors were pleased to present the Merger Project Team with the Board of Directors' Team Recognition Award. Each year, the Board grants this award to an outstanding team that has made a significant contribution to Spurwink. The Merger Project Team worked together from various departments and programs to ensure a smooth merger of Community Partners, Inc., and Spurwink.

ROSSER AWARD RECIPIENTS

The Rosser Award is Spurwink's "Employee of the Year" recognition, and was established in honor of the work and leadership of Dr. John "Jack" Rosser. Rosser joined Spurwink in 1979 and served as Executive Director from 1983-1994. Each year, five award winners are selected by colleagues at Spurwink for their exceptional personal initiative, enthusiasm, dedication, generosity of spirit and commitment to collaboration. Recipients of this fiscal year's Rosser Awards include Doris Babbidge, Adult IDD Services, Lewiston; John McAnuff, Administration, Portland; Jennifer Arsenault, Children's Residential Services, Auburn; Jill Watrous, Education, Chelsea; and Candace Rowell, Outpatient and Community Services, Cumberland County.

MEHAF GRANT SUPPORTS INAUGURAL COMMUNITY IMPACT FORUM

Thanks to funding from the Maine Health Access Foundation (MeHAF), Spurwink held its inaugural Community Impact Forum, focused on trauma. The forum gathered groups of funders, legislative staffers, and partnering mental health agencies to learn about trauma and how it impacts communities in Maine. The informative and engaging presentation led to thoughtful conversations about how the community can work together to address trauma through collaboration, changing mindsets, investing in trauma-informed care, and adopting policies to help children, adults, and families thrive.

DAVIS FAMILY FOUNDATION GRANT SUPPORTS EHR

The Davis Family Foundation awarded a grant to Spurwink to support the utilization of a remote access Electronic Health Record system (EHR) to increase the effectiveness and lower the cost of Behavioral Health Care. Remote Access EHR enables Spurwink Outpatient clinicians and care managers to access clinical records in client homes or in the community to provide better, more data-informed client care, and more fully engage clients in their treatment planning, while decreasing administrative burden and improving data collection.

SABH OPENS ON ELM STREET

Spurwink Adult Behavioral Health, along with ShifaME's Cumberland County team, moved into a downtown Portland location in the Bayside neighborhood. This shared space supports a downtown presence, close proximity to clients served, and opportunities for important collaboration between the two teams.

CELIA LIPTON FARRIS AND VICTOR W. FARRIS FOUNDATION HOME COMMUNITY FUND OF THE MAINE COMMUNITY FOUNDATION AWARD

Funding supported a Spurwink representative to attend the National Conference on Behavioral Health in March with a cohort of Maine behavioral health providers. Attendees participated in a debrief with the Farris Foundation after the event focused on regional behavioral health planning, and access to behavioral health services for under and uninsured populations (particularly youth), trauma-informed care, and systems change.

CITY OF PORTLAND AND UNITED WAY OF GREATER PORTLAND AWARD FUNDING TO SUPPORT MEDICATION ASSISTED TREATMENT PROGRAM

Spurwink launched a Medication Assisted Treatment Program with the support of Community Development Block Grant funding from the City of Portland and a grant from the United Way of Greater Portland. This is the first time that Spurwink has applied for CDBG funds, which is a highly competitive process. These grants enabled Spurwink to meet critical community need in opioid treatment.

FOSTER CARE PUBLIC SERVICE ANNOUNCEMENT AWARDED MARKETING AWARD

Spurwink's A Family for ME (AffME) foster care recruitment campaign was awarded a Broderson Award. The Broderson's are Maine's premier advertising award, recognizing creative excellence

in advertising, marketing, and design. The AffME campaign, a partnership between Spurwink and the Maine Department of Health and Human Services, received the Silver in the PSA category for advertising or marketing work created for the purpose of promoting a cause or public good. AffME is a statewide foster care recruitment campaign that aims to increase the number of eligible foster parents, particularly for infants, large sibling groups, and adolescents. View the awardees and the AffME campaign at www.pressherald.com/2019/04/09/psa-campaign.

SAM L. COHEN AND HUDSON FOUNDATION GRANTS

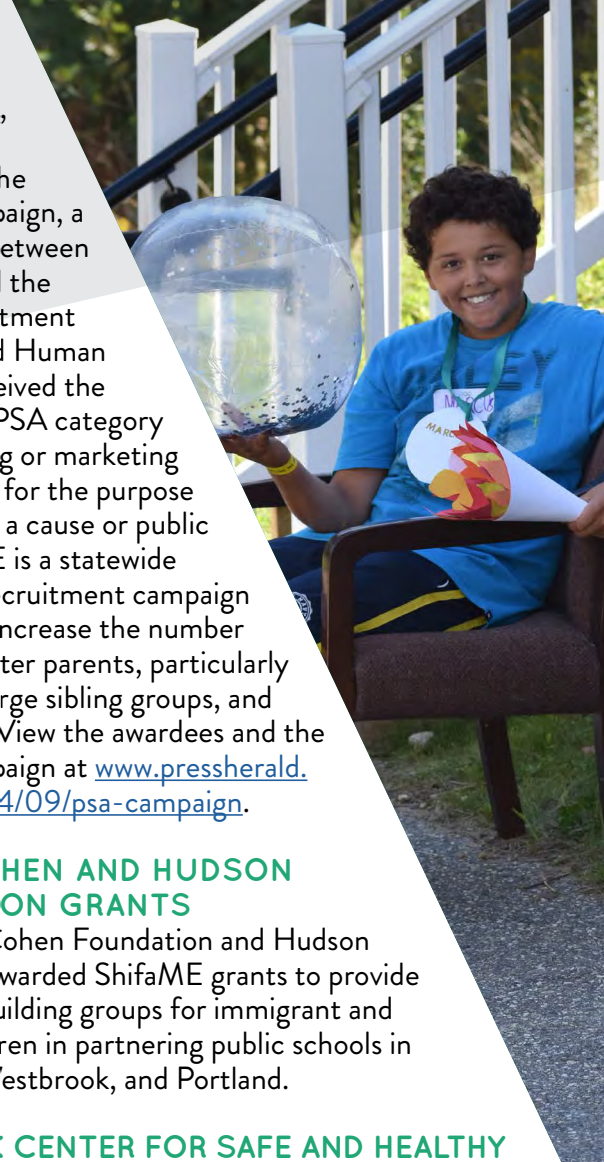
The Sam L. Cohen Foundation and Hudson Foundation awarded ShifaME grants to provide social skills building groups for immigrant and refugee children in partnering public schools in Biddeford, Westbrook, and Portland.

SPURWINK CENTER FOR SAFE AND HEALTHY FAMILIES RECEIVES SEVERAL GRANTS

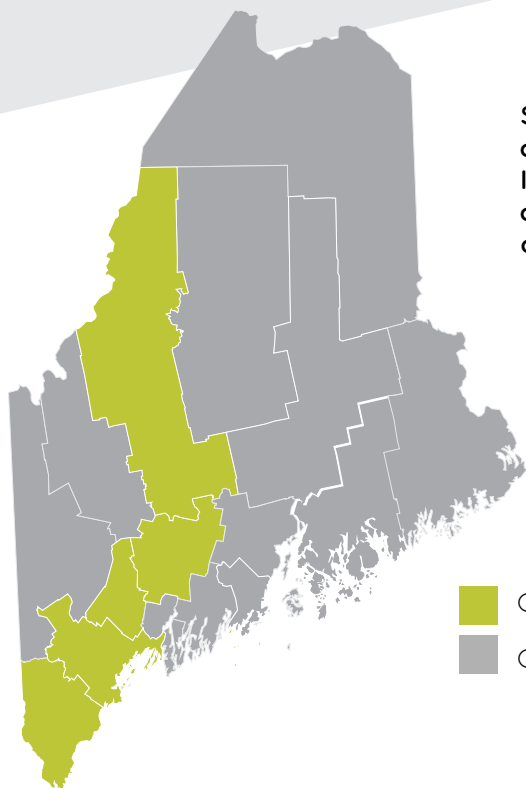
Spurwink's Center for Safe and Healthy Families, Maine's only provider of forensic medical exams for children who may have been abused or neglected, was awarded grant funding from several generous organizations including Maine Women's Fund, the National Children's Alliance, and Town & Country Credit Union's Better Neighbor Fund online voting campaign. Funds were used to support the important work of this program, and has helped to pilot a program to address the commercial sexual exploitation of children (CSEC) at Spurwink's Center for Safe and Healthy Families, as well as EVA (enhanced visual assessment) equipment. Annually the program evaluates approximately 1,200 children.

GRANT HELPS LAUNCH THERAPEUTIC GARDEN



The Western Mountain Fund at the Maine Community Foundation awarded Spurwink a grant to create a therapeutic garden and farm stand at our Cornville campus, helping youth engage in learning and gain valuable job skills while connecting them to the community.



SPURWINK'S IMPACT BY THE NUMBERS



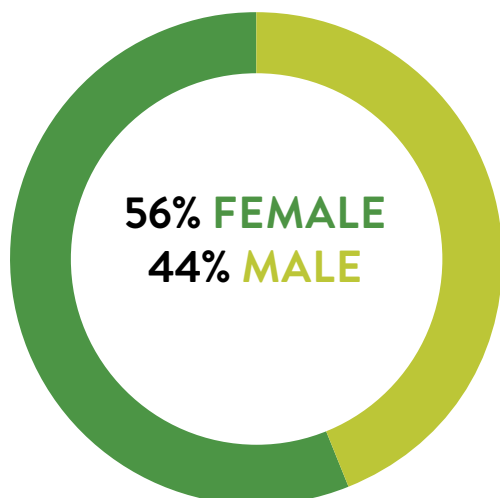
Spurwink's impact reaches across Maine, with physical locations in five counties and clients in every corner of the state.

 Counties with Spurwink locations
 Counties Spurwink serves

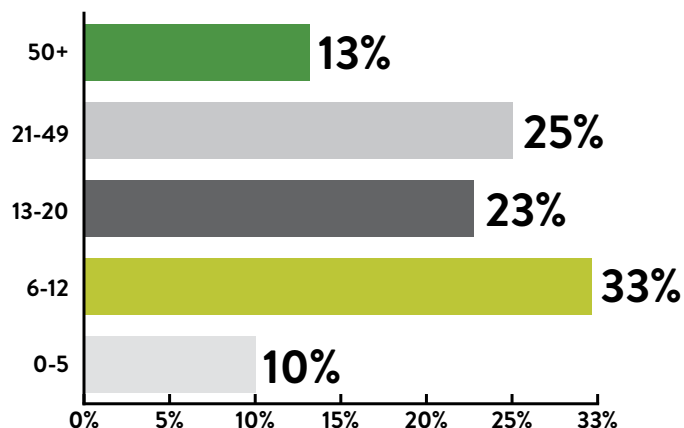
COUNTIES SERVED

Androscoggin (13%)	Oxford (1%)
Aroostook (1%)	Penobscot (2%)
Cumberland (39%)	Piscataquis (0.3%)
Franklin (1%)	Sagadahoc (2%)
Hancock (1%)	Somerset (1%)
Kennebec (6%)	Waldo (2%)
Knox (8%)	Washington (0.3%)
Lincoln (2%)	York (21%)

TOTAL CLIENTS SERVED

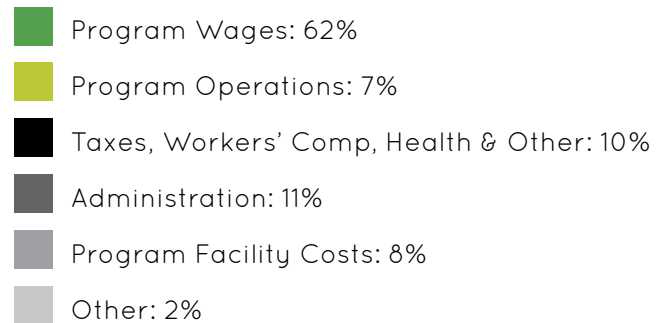
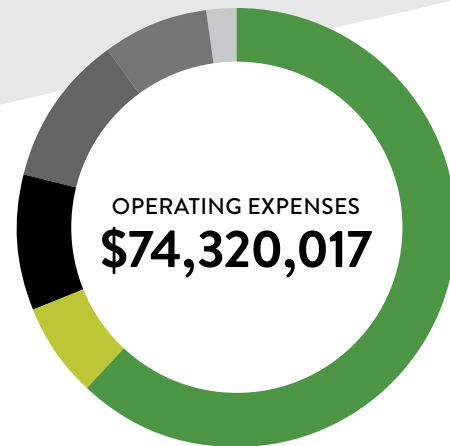
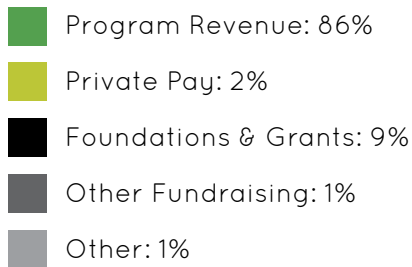
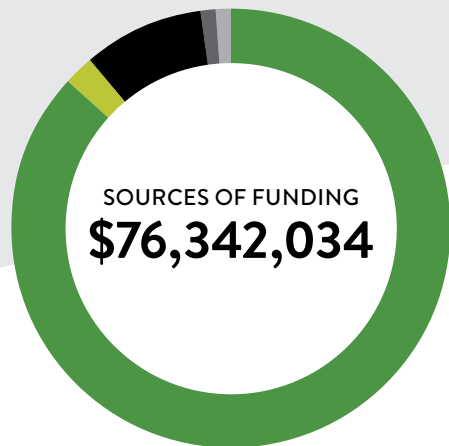


CLIENT AGE



IMPACT BY THE NUMBERS

FY19 FINANCIALS



Overall, Spurwink served 8,435 individuals in FY19, distributed as follows, and compared to the two previous consecutive years.

PROGRAM	# SERVED FY17	# SERVED FY18	# SERVED FY19
Adult Behavioral Health Home	42	95	162
Adult Community Case Management	71	91	110
Adult Day Programs	78	94	77
Adult Residential Programs	141	135	114
Children's Behavioral Health Home	187	969	1,184
Children's Day Treatment Programs	216	180	172
Children's Residential Treatment	152	118	120
Functional Family Therapy	90	90	64
Licensed Affiliate Clinician Program	3,255	3,750	3,690
Outpatient Counseling Services	451	521	544
Public School Counseling Program	1,427	1,441	1,514
Spurwink Adult Behavioral Health: ACT	53	51	69
Spurwink Adult Behavioral Health: O/P & Med Mgt	308	285	373
Spurwink Center for Safe and Healthy Families	963	1026	1158
Therapeutic Preschool Program	57	29	38
Treatment Foster Care	44	55	57
TOTALS*	7,411	8,059	8,435

*Please note that Spurwink serves individuals that may be included in one or more programs per FY.

CORPORATE PARTNERS

As part of the Corporate Partners Program, these business leaders are making a difference for behavioral healthcare in Maine. We are delighted to recognize our 2019 Corporate Partners. Please contact us to learn how your business can be a partner in creating a stronger and healthier Maine.



BOULOS ASSET MANAGEMENT

FORESIDE





SPURWINK

going the distance

FY19 SENIOR LEADERSHIP TEAM

Eric Meyer,
President & CEO

Dan Bonner,
Chief Operating Officer

Amy Cohan,
Vice President of Outpatient &
Community Services

Al Durgin,
Vice President of CQI & Outcomes

Kristen Farnham,
Vice President of Development

Kane Loukas,
Vice President of Child Residential
& Education Services

John McAnuff,
Chief Financial Officer

Jon Normand,
Vice President of Education Services

Mary Celia O'Neil,
Vice President of Human Resources

FY19 BOARD OF DIRECTORS

Alistair Raymond, Esq., Board Chair

Theresa Kelly, Vice Chair

Tari Advani, M.D.

Richard Berthy

Senator Cathy Breen

Melissa A. Coulombe, Esq.

Thomas Daffron

Jessica Estes

Daniel Fishbein, M.D.

Jim Giberson

Cathy Liston

Rose McManus

Francoise Paradis

Doug Sanford

Matthew Winch

FY19 DEVELOPMENT COMMITTEE: Jessica Estes, Chair; Ari Berman; Kirsten Berman; Sarah Boone; Carrie Cianchette; Melissa Coulombe, Esq.; Jim Giberson; Melanie Gilligan; Theresa Kelly; Alistair Raymond, Esq.; Heather Shields; Josh Silver, Esq.; June Usher; Matthew Winch; Avery Windham; April Ylvisaker

FY19 INVESTMENT COMMITTEE: Matthew Winch, Chair; Tari Advani, M.D.; Richard Berthy; John Everett IV; Sara Lewis; James Olson; Doug Sanford; Ed Simmons

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