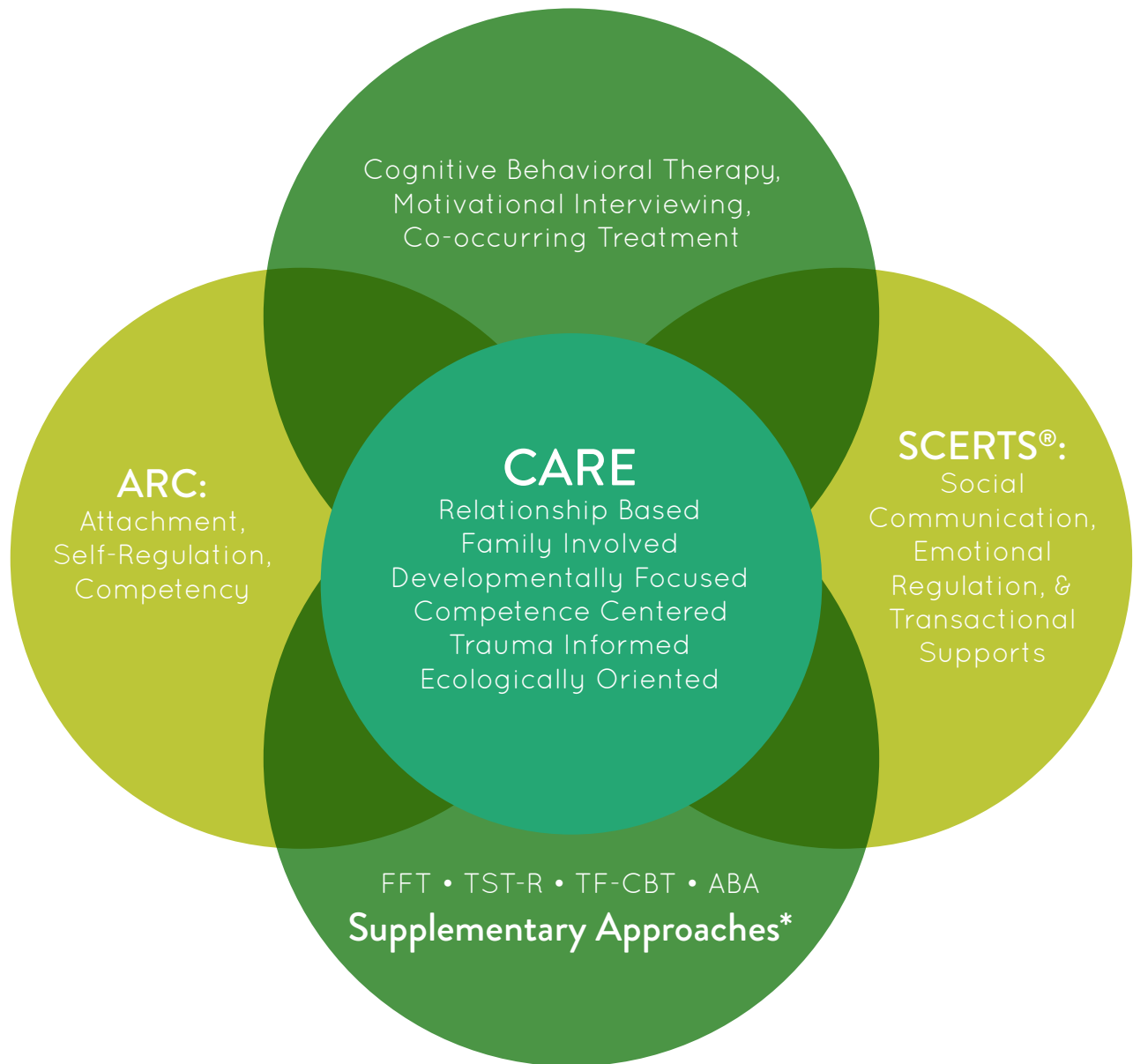


# SPURWINK TREATMENT MODEL FOR YOUTH AND FAMILIES



## SPURWINK'S CLINICAL MODEL INTEGRATES SEVERAL EVIDENCE INFORMED TREATMENT APPROACHES TO PROVIDE INDIVIDUALIZED, TRAUMA INFORMED TREATMENT FOR ALL YOUTH AND FAMILIES:

- **CARE** is the central framework that guides thinking and behavior across the agency.
- **Cognitive Behavioral Therapy, Motivational Interviewing, and Co-occurring Treatment** are used as appropriate for each client and family.
- **Attachment, Self-Regulation, and Competency (ARC)** is used with youth and families who have experienced complex trauma.
- **Social Communication, Emotional Regulation, and Transactional Support (SCERTS®)** is used with youth who have complex developmental challenges, including autism.
- Some clinicians receive additional training in **Supplementary Approaches\*** including: Functional Family Therapy (FFT), Trauma Systems Therapy for Refugees (TST-R), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), and Applied Behavioral Analysis (ABA).

