Dear Friends,

We are delighted to share Spurwink’s 2016 Annual Report. In our first-ever digital Annual Report, you’ll find highlights of this past fiscal year. Our organization is in sound financial condition, served more people than at any time in our 57-year history, and deepened our impact for those in need of behavioral healthcare. This year, we worked with refugee families, with people impacted by the opioid epidemic, with children in crisis, with siblings in need of a loving foster care home, and with families impacted by trauma. With every client, we meet them where they are and offer safe, individualized treatment and a path toward a healthy and productive future.

We could not do this work without you. We are grateful for the investment of so many individuals, businesses, and foundations. Your impact is real and important — children who found a safe haven in a Spurwink home, students who connected with a teacher for the first time, adults with disabilities who found stability and continuity of care.

While the challenges facing the mental health landscape are real, we will continue to advocate for and with our clients across the state. We welcome you on this journey with us. Together, we can go the distance and make Maine a stronger, healthier place to live and work.

Eric Meyer
President & CEO

Matthew Winch
Chair, Board of Directors
WHO WE ARE:
IT ALL STARTED WITH EIGHT BOYS IN 1960.

Spurwink began with one house serving eight boys on Riverside Street in Portland in 1960. The developmental needs of the boys could not be met at home or in public school, and the roots of Spurwink were planted.

Today Spurwink is much larger, serving 7,500 people each year through the good work of 900-plus employees throughout the state. Although Spurwink's reach is bigger, our mission remains the same: providing exceptional and evidence-based behavioral health and education services for children, adults, and families so that they can lead healthy, engaged lives in the community.

This vision is the cornerstone of what we do and how we deliver services: developing positive self-regard in those we serve by honoring and respecting who they are, and then building upon the strengths of the individual and the family.

Whether it's a preschooler with autism in Saco, a teen with a trauma history in Skowhegan, or an adult with developmental disabilities in Portland, Spurwink's clients are offered dignity, respect, and a chance to build a better future.

OUR NEW LOGO: WHAT IT MEANS

The Spurwink logo represents our history and our work: the eight sections represent the original eight children we served in 1960. The tree is a symbol for longevity, health, and wisdom. It represents our presence throughout Maine and our deep roots in the community, while the upward motion represents the positive growth and development of Spurwink clients.
SAMANTHA’S STORY

Spurwink serves over 1,600 children in crisis every year. “Samantha’s Story” shares the journey of one of our students. Samantha is 13 and has been in thirteen different placements. With her team at Spurwink, she has found safety and security. This is exactly what every child wants, needs, and deserves.

Click here to learn about Samantha’s journey in this short video.
BOARD OF DIRECTORS:
Matthew Winch, Chair
Tari Advani, M.D.
Cathy Breen
Thomas Daffron
Jessica Estes
Daniel Fishbein, M.D.
Jim Giberson
Theresa Kelly
Melissa Lalumiere, Esq.
Cathy Liston
Leo Martin
Alistair Raymond, Esq.

DEVELOPMENT COMMITTEE:
Jessica Estes, Chair
Ari Berman, M.D.
Kirsten Berman, M.D.
Sarah Boone
Carrie Cianchette
John Everett
Kathleen Fleury
Jim Giberson
Melanie Gilligan

INVESTMENT COMMITTEE:
Theresa Kelly
Heather Shields
Josh Silver
Matthew Winch
April Ylvisaker

EVENTS COMMITTEE:
Karen F. Backman
Eileen Bartlett
Nicole Bishop
Sarah Boone
Kelly Bouchard
Richard H. Daniels
Kathryn Danylak-Lagasse
Kristen Farnham
Gabrielle Gallucci

Jill Lalumiere
Melissa Lalumiere
David Lichten
Christine McAnuff
Adam Moses
Abby Peck
Nicolette Sennett
Jeff Shaw
Christine J. Sullivan
Jennie Summers-Shea
Thomas Waltz

SENIOR LEADERSHIP TEAM:
Eric Meyer, President & CEO
Dan Bonner, Chief Operating Officer
Amy Cohan, Senior Director of Outpatient & Community Services
Al Durgin, Vice President of CQI & Outcomes
Kristen Farnham, Vice President of Development
Kane Loukas, Vice President of Child Residential & Education Services
John McAnuff, Chief Financial Officer
Jon Normand, Vice President of Education Services
Mary Celia O’Neil, Director of Human Resources
FINANCIALS FISCAL YEAR 2016

SOURCES OF FUNDING
$57,506,433
- Program Revenue: 88.1%
- Private Pay: 3.4%
- Foundations & Grants: 7.5%
- Other Fundraising: 1%

OPERATING EXPENSES
$55,996,622
- Program Wages: 55.2%
- Program Operations: 19.3%
- Taxes, Workers’ Comp, Health & Other: 12.2%
- Administration: 4.2%
- Program Facility Costs: 6.6%
- Client Transportation & Travel: 2.0%
- Recruitment & Training: 0.5%
COUNTIES SERVED

Androscoggin
Aroostook
Cumberland
Franklin
Hancock
Kennebec
Knox
Lincoln
Oxford
Penobscot
Piscataquis
Sagadahoc
Somerset
Waldo
Washington
York
OUR DONORS: MAKING A DIFFERENCE FOR BEHAVIORAL HEALTH IN MAINE

Spurwink is grateful to the many individuals, foundations and corporations who support our mission every year. The following list represents charitable contributions made to Spurwink between July 1, 2015 and June 30, 2016.

$15,000+
Cate Street Capital**
Davis Family Foundation
KeyBank Foundation**
Sun Life Financial US**
The Curtis L. Carlson Family Foundation

$10,000 - $14,999
Maine Women’s Fund

$5,000 - $9,999
Bangor Savings Bank
Frances Hollis Brain Foundation, Inc.
Harvard Pilgrim Health Care**
Martin’s Point Health Care, Inc.**
National Children’s Alliance
The Smith Family Charitable Trust**
Welch Charitable Fund

$2,500 - $4,999
Anonymous**
Drs. Tari and Ranjiv Advani**
Bath Savings Trust Company**
CBRE | Boulos Asset Management
CBRE | The Boulos Company**
CGi Business Solutions**
COR Health
Haimes Family Foundation
Hannaford Supermarkets**
KeyBank
MEMIC
Milliman
Perkins Thompson, P.A.
Volk Packaging Corporation

$1,000 - $2,499
Albin, Randall & Bennett
Daniel and Tricia Bonner**
Catherine E. Breen and Jay S. Geller**

Creative Imaging Group
Cross Insurance**
Dead River Company**
Robert M. and Eleanora V. Devenish
Jeffrey and Abigail Diggins
DIRIGO Management Corporation**
Albert M. and Janet E. Durgin**
Dr. Daniel Fishbein and
Ms. Ilene Schuchman**
Jessica Estes and Steve Arnold
Gorham Savings Bank**
Hub Furniture Company**
Theresa A. Kelly and Stephen A. Neill**
Kelly, Remmel & Zimmerman**
L.L. Bean, Inc.
Melissa and Scott Lalumiere**
Catherine F. Liston**
LEAP
Kane L. and Kathryn M. Loukas**

** Denotes three or more years of consecutive giving
The Margaret E. Burnham Charitable Trust
John and Christina McAnuff**
Eric L. Meyer and Patricia A. McKenzie**
Maine Behavioral Healthcare
NewCarr Packaging
Timothy and Karen Norton**
Timothy and Wendi O'Donovan
Mary Celia and Fred O’Neil**
Outsource Marketing
PC Construction Company
Pepperell Mill Campus
Philadelphia Insurance Companies**
Mr. Alistair Y. Raymond, Esq. and
Dr. Lisa Thomas**
Peter Robbins
Systems Engineering, Inc.
The Portland Regency Hotel
The Rolfson Group, Inc.
USI Insurance Services**
Ken and Diane Volk
Whole Kids Foundation
Winxnet
Workgroup Technology Partners
Yankee Ford Sales**
Yarmouth Boat Yard &
Moose Landing Marina

$500 - $999
Adobe**
Anonymous
William and Susan Bartovics
Behavioral Information Systems, LLC
Benevity Community Impact Fund
Dr. Ari S. Berman and Dr. Kirsten Berman**
Mr. Thomas A. Daffron and The Honorable
Susan M. Collins**
John C. Everett, IV and Joan C. Everett**
Kristen and Bob Farnham
Melanie and Matthew Gilligan
Pamela Guiles**
Daniel J. Hibbs**
Paul R. and Marilyn E. Hopkins**
INFINITY Federal Credit Union
Intermed
Law Offices of Joe Bornstein
Lineagan Inc.
Catherine F. Liston**
Prudential Foundation Matching
Gifts Program**
Stacey J. Ryan and William J. Ryan, Jr.
Matthew G. Winch and Jennifer Garrett **
Steve and Donna Woodard

Newell Augur and Heather Hamilton
Michael and Nancy Beebe
Bill and Tara Benson
Dr. and Mrs. David W. Butzel
Clynk - Hannaford Community Cash
Hal and Jean Corwin
Richard B. and Lisa A. Drummond
Mike Duddy
Bruce Dunphey and Andrea Adams
John P. Fenton**
Sean and Holly Ferguson
Steven Huber and Dianna Gram
David Jackson and Alicia Depatsy
KEPRO
Kitchen Gardeners International
Knights of Columbus Canabas
Council 1299**
Spencer Lee
MaineHealth
Harry McMann
Susan J. Murphy and Rett Hall**
New England Treads and Custom Millwork
David J. Parker
Abraham and Jean Peck
Mike Pratico
Joshua W. Ruff
Doug and Lauren Sanford
Todd and Elizabeth Severson

** Denotes three or more years of consecutive giving
The Honorable and
Mr. Jane S. Knapp Sexton
Joshua Silver and Jen Pincus
Southern Maine Anglers**
Jill Hinkley Spaulding and
Sandy Spaulding
Standard Insurance Employee
Engagement Fund**
William H. Stiles and Hilary A. Rapkin
TD Bank Group
Scott Thibeau
United Way of Greater Portland
Roger A. Wentworth**
Craig and Sara Wolff
Wright-Ryan Construction Company

UP TO $249
Anonymous (10)
Sheila E. Advani and Dr. M. T. Advani**
Nicole Albert
Liz Allen
Amazon Smile
Amy and Sam Anderson
Maureen Anderson**
Michelle Anderson
Eric Andrews
Heather Andrews
Megan Angelos**
Anonymous (13)
APS Healthcare
Loren and Poppy Arford
Janka H. Arsenault**
B & G Foods (B & M Beans)
Dr. Ann Babbitt and Ms. Deb Smith**
Joseph Babick
Douglas H. and Nancy N. Bagin
Kathleen Bain
Linda K. Baker**
Zachary Barrett**
Tonya Bartshe**
Laura Bastey
Anastasia Bean
Courtney Beer
Monique Belanger**
Kristi and Scott Belesca
Scott Beliveau
Denise C. Bell
Linda Bergeron
Rabbi Daniel and Sarah Berman
Hal Berman and Melissa Martin
Harvey and Sara Berman
Dr. Ilana Berman Dew and
Mr. Timothy Dew
Herbert Birnbaum
Chris Black
Martha Blackburn
Amy Booth
Kelly Bouchard**
Kathleen Boucher
Donna Boudreau
Peter B. Bowman
Ethan and Lauri Boxer-Macomber
Chori Braley
Thomas and Kathleen Bright**
Sharon Brobst
Ryan Brown
Dee Ette Bruns
Dr. Debra Bunce and Mr. Ian Weidner**
Chris and Cynthia Burger**
Fotaq Cala
Rich Carlson
Marie Carter
Mandy Caruso
Richard and Suzanne Carver
Sonya A. Charest
Joel Charpentier
Carl and Eleanor Chatto
Brian Cherry
Carrie and Jason Cianchette
Helen E. Cianchette
Jud Cleveland
Amy E. Cohan and Austin K. Smith**
Caroline Cole
Eric Collins

** Denotes three or more years of consecutive giving
Steve Conley**
Jessica Cook
Allen Cornwall
Madeleine G. Corson
Kerry L. Corthell**
Kristen L. Crean**
William and Lee Cuddy
Cynthia Curry and Craig T. Hemond
Sharon Dadiego**
Elizabeth Davis**
Rebecca K. Davis
Ben Dearnley**
Charles and Katharine DeGrace**
Alyson Deletetsky**
Susan and William DeLong
Joel Demers
Lesley Denman
Marie Louise Densmore
Elizabeth Derrig**
Carrie and Ryan Deschenes
Peter J. DeTroy and Mary Roy
Mary Ann Devou**
Dr. Ilana Berman Dew and Mr. Timothy Dew
Rachel Dibiase
Disability RMS
Margaret Doherty
Kathy and Mike Donaldson**

Peter F. Donnelly
Mark Donovan
Heather Douglass
Edward Dwyer
Jonathan Eames and Lisa Eames Marchese
Eaton Peabody
Dorothy and Kurt Eckhardt
Kathy Emmi
Ashley Esmiller**
Estabrook’s Farm and Greenhouses
Marlena E. Faxon
Christina Fay
Betty B. Finkel**
Steven H. Finkel
First Parish Congregational Church
Anne Flight
David Fowler
Heather Frazier**
Carol Friend
Gabrielle R. Gallucci**
Julie and Michael Galvin
Michael and Lynne Gawtry
Catherine and Michael Gentile**
Deborah Gerstein
Dan Gescheider
Gillian and Al Ghanekar
James Giberson and Eliza Warren Giberson

** Denotes three or more years of consecutive giving
George J. Giese
Deborah M. Gilbert
Kristin Gilliam**
Tracy M. Ginn**
Maria and David Glaser**
Maureen Goff
Brian and Connie Goldberg
Jerome and Susan Goldberg
Matthew and Lynn K. Goldfarb
Mark D. and Rachel A. Goode
Kathryn and Matt Gray
Eric Greene
Gritty McDuff’s Brewing Company
Catharine W. Guiles**
Susan Guthrie
Karen E. Hall**
Shane Hall**
Leslie C. Hallock
Meg Handlin
Ashley Hanson
Peter Hawkes
Michael Hebert
Doug Hellstrom
Cheryl and Glen Hermanson
Janet Hinchee-Barns**
Jill Hinckley Spaulding and
Sandy Spaulding
Tracy Hinkley**

Jenn and Scott Hughes**
Zoe Hull
Laura A. Hummell
Charlie T. Humphries
Julie E. and Trent N. Hutchinson
Georgina M. Irving**
Nancy G. and Scott Irving**
Allison Isaacman
Robin Jackson**
Mr. Ray J. Jacqmin and Rev.
Bertha C. Jacqmin**
William and Mary Johnson
David Jordan**
Perry and Beckett Jordan**
Scott Joslin
Jocelyne Karnikazi
Robert Kearny
Tracy Keegan
Kennebunk Savings Bank
Laura Kilmartin
Gregory A. King
Elizabeth and Kurt Klebe
The Honorable and
Mr. Jane Knapp Sexton
Danielle E. and Eric Kolben
Harry W. Konkel**
Koslow and Heimlich
Matthew D. Koza

Kenneth Kunin and Beth Stickney
Brian D. LaFlamme**
Russell D. LaFlamme**
Jennifer and Dan Lainey
Elizabeth P. Landmann
Lee Auto Malls
Peter D. Leighton**
Richard N. Leslie and
Jean Tonneson Leslie
Nancy Lestage
AnnElissa Leveque**
David B. Lichten
Celeste and David Long
Katherine Lord
Tony Lord
Joan Loré
Catherine Lorello-Snow and
Leo Iacupucci**
Christine Lyden
Sarah MacLaughlin
Constance Madeda
Margo K. Mahoney**
George J. Marcus
James Martin
Sara and Ryan Masse
May Matheson-Thomas**
Nathanna McGivney**
Brian McHugh

** Denotes three or more years of consecutive giving
Susan M. and Christopher J. McLain
Jessica Meehan
Kari Meidahl
Judy Meschinelli
William Messer and Allyson Lowell**
Michael Mewshaw
Mr. and Mrs. Charles E. Miller
Thomas and Marianne Miller
Stefanie Millette
Thimi Mina
Cathy L. Mishou**
Bernard Moller
Steve Moore
Daniel Morin and Jessika Morin
Janet S. Morrell
Garrett M. Morrow
Christine and Jay Mullen
David Murphy
Elizabeth and Sean Murphy
Phillip J. Nagem**
David and Nicole Nalchajian
Robert and Liz Nanovic
Hollis B. Nesbit**
Perry and Sharon Newman
Jason Nickerson**
John Nickerson**
Roger and Margaret M. Niesen
Dan and Caterina Noblet
Jonathan Normand
Justin and Amanda Normand
Bradford and Renee Norris
Samuel and Bette Novick
Now You’re Cooking**
Alexandra Noyes
Ronald E. Oburn
Joyce A. and Brian M. Oheron
Donald and Ada Olins
Cheryl Orcutt**
Leslie Ouellette
Rebecca D. Patkus**
Abby Peck
Dr. Enrique Perez
Carolyn Perkins
Mitzi Perlmutter
Hilary Perrey
Benjamin and Julia Pierce**
Elliott Pitts
Abigail Polkinghorn
Clara Porter
Dr. James B. Powers
Deborah S. Reed**
Jay Reijhley
Reve Cycling Studio
Dr. Lawrence Ricci and Ms. Laurel Ricci**
Kate Richardson
Paige D. Riley-Gordon

** Denotes three or more years of consecutive giving
Hannah B. Robbins**
James Robbins
Blanche Roberge
Hannah Roberts
Josh Rosenberg
Tammy Roussell
Sarah Rulman
Laura Rutkiewicz
Dr. and Mrs. Jeffrey M. Saffer**
Andrew Sanford
Megan Santos
Sheri Sastre**
Jennifer and Josh Saunders
Susan Savell**
Justin Schair
Elizabeth Schlax
Amanda L. Schumaker
Janet and Mike Schwartz
Peter and Joanne Sentner**
Jill Shapiro**
John Shea
Michele Shems-Then and Peter R. Then
Heather Shields
Shipyard Brewing Company
Smiling Hill Farm
Shawn and Maureen Smith
John F. Spence Jr.
Richard A. and Alice B. Spencer
Bradford Sprague
Kimberly Stephenson
Todd Stigman
Melanie Stinson**
Kurt A. Stokes**
Jessica Sturges
Christine J. Sullivan**
Inga L. Sullivan**
Jennie Summers-Shea
Meagan Sway
Anne and Michael Szostak
Sharon Taylor**
Tracy and Matt Teare
Telesis Housing Corporation
Amy and Michael Therrien
Kevin Tierney
Scott Tompkins
David J. Turitz
Unum
Deborah and Judd Volk
Kayley Walker
Lynne T. Walsh
Janet P. Warren**
Jill and Jason Watrous**
Anne B. Webb
Leslie Webber
Carole O. Welch
Westbrook Eagles Auxiliary 2977
Neil Westman
Johannes Wiebus and Kathleen O’Heron
Carley Williams
Jeffrey and Kimberly Wilson**
Winthrop and Susan Winch
Heather A. Young**
Margaret and Peter Zack**
Roberta Zimmerman

** GIFTS IN KIND
Drs. Tari and Ranjiv Advani
Allspeed Cyclery & Snow
Anonymous
Jodie Aragona
B & G Foods (B & M Beans)
Bag and Kettle Brew Pub
Bath Area Family YMCA
Biddeford School Department
Dave and Adrienne Carmack
Carrie and Jason Cianchette
Clay Play
Creative Imaging Group
Robert J. and Jessica Dapolito
Emily Demetriou
Colleen Dever
Claudia Diller
Downeast Supply Company
Jessica Estes and Steve Arnold
Kristen and Bob Farnham

** Denotes three or more years of consecutive giving
First Parish Congregational Church
Funtown Splashtown USA
Katie Hallowell
Gabrielle Gallucci and Nathaniel Koonce
Hammond Lumber Company
Roann J. Harlow
Amy and Jed Harris
Laurie Irons
Johnny’s Selected Seeds
Theresa A. Kelly and Stephen A. Neill
L.L. Bean, Inc.
Melissa and Scott Lalumiere
Law Offices of Joe Bornstein
Catherine F. Liston
Living Om Yoga and Wellness
Kane L. and Kathryn M. Loukas
LP Furniture
Mad Gabs Inc.
Maine Huts & Trails
Maine Red Claws
Maine Sunday Telegram/
Mainetoday Media
Maine Tinker Photography
Maine Wildlife Park
Vickie and Peter Marion
Erin McAllister
McDonalds
Megan and Sebastian Monsour
Susan J. Murphy and Rett Hall
Nasson Community Bicycle Center
Jonathan Normand
Old Port Wine & Cigars
Palco Air Cargo
Pineland Farms
Portland Radio Group
Portland Sea Dogs
Rainbow Toys
Mr. Alistair Y. Raymond, Esq. and
   Dr. Lisa Thomas
Riverbend Yoga
Martina Roediger
Andrea Roell
Royal River Books
Stacey J. Ryan and William J. Ryan, Jr.
Shawnee Peak Ski Area
Julie Snook
Subway
Sugarloaf
Target
The Coplin Dinner House
The Island Market
The Press Hotel
Thos. Moser Cabinetmakers
Time Warner Cable Media
Trader Joe’s
Turtle Fur Group
Unified Parking Partner
Urban Garden Center
Valley Gas and Oil
Katie VerLee
WABI TV 5
Walmart Super Center
Ali Waterhouse
WCSH6
Janis F. Westwig
Darcy Wilcox
WMTW
York’s Wild Kingdom
Zen Bear HoneyTea

HONORARY & MEMORIAL GIFTS

In Memory of Margot Cory Daffron &
Tommy Daffron
Dr. Ann Babbitt and Deb Smith**
Charles and Katharine DeGrace**
Mr. Thomas A. Daffron and The Honorable
   Susan M. Collins**

In Memory of Tommy Daffron
Thomas and Kathleen Bright
Thomas and Marianne Miller

In Memory of Barbara Hull
Rachel Dibiase

** Denotes three or more years of consecutive giving
In Memory of Peter McPherson & Peter Goldfine, MD
Catherine and Michael Gentile

In Memory of Gerald Roberge
Blanche Roberge

In Memory of Maya Advani
Sheila E. Advani and Dr. M.T. Advani

In Honor of the Berman Family
Mitzi Perlmutter
David Fowler
Deborah Gerstein
Rabbi Daniel and Sarah Berman
Theresa A. Kelly and Dr. M. Neill
Law Offices of Joe Bornstein
Perry and Sharon Newman
Herbert Birnbaum
Josh Rosenberg
Anne and Michael Szostak

Kristen L. Crean
Maria and David Glaser
Dr. Daniel Fishbein and Ms. Ilene Schuchman
Dr. Ilana Berman Dew and Mr. Timothy Dew
Leslie Webber
Michael Hebert
Nancy G. and Scott Irving
Robert and Liz Nanovic
Peter J. DeTroy and Mary Roy
Susan Guthrie
Gabrielle R. Gallucci
Eric L. Meyer and Patricia A. McKenzie
Hal and Jean Corwin

In Honor of Harvey Berman
Bruce Dunphey and Andrea Adams

In Honor of Daniel Fishbein
Scott Beliveau

In Honor of Robert “Bob” Jamison
Anonymous

In Honor of Abby Peck
Abraham and Jean Peck

In Honor of Liz Poole
TD Bank Group

In Honor of Donald Sussman and Chellie Pingree
William and Susan Bartovics

In Honor of the Volk Family
Janet and Mike Schwartz
David J. Turitz
Deborah and Judd Volk

In Honor of Jennifer Wickes and Deanna Wickes
Chris and Cynthia Burger

Every effort has been made to recognize donors correctly. Please let us know of any errors or omissions, or if you wish to be identified differently going forward. Your satisfaction is important to us!
In 2015, Spurwink established its Corporate Partners program. As part of the Spurwink community, these business leaders are making a difference for behavioral healthcare in Maine and are recognized as committed partners to the 7,500 children and adults served by Spurwink each year. We are delighted to recognize our inaugural Corporate Partners below.

Please contact Kristen Farnham, Vice President of Development, to learn more about how your business can be a partner in creating a stronger Maine.
At Spurwink, all of our work is evidence-based and centered on the human relationship. We also are firmly committed to outcomes and look to our data for confirmation of skilled, effective interventions. We continue to find that the children, adults, and families who seek services with Spurwink leave satisfied with the treatment received and experience improved emotional health.

The metrics and surveys indicate that our clients are leading healthier, more productive lives after working with Spurwink’s professionals. But their words, which follow, speak louder than our analysis. Please read on to learn about Spurwink’s successful program outcomes.
Spurwink serves clients from all over the state of Maine, though most clients in 2016 were from Cumberland, York, and Androscoggin Counties.

Overall, Spurwink served 8,767 individuals in FY16, an increase of 17% over the previous year. Notable increases were in outpatient services such as Affiliate Practices, Community Case Management (a new program), Public School Counseling, and Integrated Behavioral Health.

<table>
<thead>
<tr>
<th>COUNTY</th>
<th>PERCENTAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cumberland</td>
<td>50%</td>
</tr>
<tr>
<td>York</td>
<td>16%</td>
</tr>
<tr>
<td>Androscoggin</td>
<td>15%</td>
</tr>
<tr>
<td>Kennebec</td>
<td>6%</td>
</tr>
<tr>
<td>Knox</td>
<td>4%</td>
</tr>
<tr>
<td>Oxford</td>
<td>2%</td>
</tr>
<tr>
<td>Sagadahoc</td>
<td>1%</td>
</tr>
<tr>
<td>Lincoln</td>
<td>1%</td>
</tr>
<tr>
<td>Penobscot</td>
<td>1%</td>
</tr>
<tr>
<td>Somerset</td>
<td>1%</td>
</tr>
<tr>
<td>Hancock</td>
<td>1%</td>
</tr>
<tr>
<td>Waldo</td>
<td>1%</td>
</tr>
<tr>
<td>Aroostook</td>
<td>1%</td>
</tr>
<tr>
<td>Out of State</td>
<td>1%</td>
</tr>
<tr>
<td>Washington</td>
<td>0.4%</td>
</tr>
<tr>
<td>Franklin</td>
<td>0.4%</td>
</tr>
<tr>
<td>Piscataquis</td>
<td>0.2%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th># SERVED FY15</th>
<th># SERVED FY16</th>
<th>CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Community Supports</td>
<td>41</td>
<td>41</td>
<td>0%</td>
</tr>
<tr>
<td>Adult Residential</td>
<td>49</td>
<td>47</td>
<td>-4%</td>
</tr>
<tr>
<td>Community Case Management</td>
<td>4</td>
<td>46</td>
<td>1050%</td>
</tr>
<tr>
<td>Affiliates</td>
<td>1236</td>
<td>1907</td>
<td>54%</td>
</tr>
<tr>
<td>Autism Clinic</td>
<td>9</td>
<td>4</td>
<td>-56%</td>
</tr>
<tr>
<td>Child Abuse Program</td>
<td>1185</td>
<td>1156</td>
<td>-2%</td>
</tr>
<tr>
<td>Functional Family Therapy</td>
<td>69</td>
<td>94</td>
<td>36%</td>
</tr>
<tr>
<td>Home &amp; Community Treatment</td>
<td>82</td>
<td>27</td>
<td>-67%</td>
</tr>
<tr>
<td>Integrated Behavioral Health</td>
<td>680</td>
<td>904</td>
<td>33%</td>
</tr>
<tr>
<td>Portland Help Center</td>
<td>430</td>
<td>372</td>
<td>-13%</td>
</tr>
<tr>
<td>Public School Counseling</td>
<td>1207</td>
<td>1489</td>
<td>23%</td>
</tr>
<tr>
<td>Spurwink Psych Clinic</td>
<td>930</td>
<td>1030</td>
<td>11%</td>
</tr>
<tr>
<td>Targeted Case Management</td>
<td>979</td>
<td>1114</td>
<td>14%</td>
</tr>
<tr>
<td>Treatment Foster Care</td>
<td>65</td>
<td>65</td>
<td>0%</td>
</tr>
<tr>
<td>Therapeutic Preschool Program</td>
<td>68</td>
<td>76</td>
<td>12%</td>
</tr>
<tr>
<td>Youth Day Treatment</td>
<td>246</td>
<td>235</td>
<td>-4%</td>
</tr>
<tr>
<td>Youth Residential Treatment</td>
<td>182</td>
<td>160</td>
<td>-12%</td>
</tr>
</tbody>
</table>

TOTAL 7462 8767 17%
Spurwink served a number of individuals who are living with autism spectrum disorder (ASD) in FY16. Below are the programs that served the most individuals as a percentage of the total clients served in each program.

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>INDIVIDUALS WITH ASD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Community Supports</td>
<td>66%</td>
</tr>
<tr>
<td>Adult Residential</td>
<td>70%</td>
</tr>
<tr>
<td>Community Case Management</td>
<td>46%</td>
</tr>
<tr>
<td>Home &amp; Community Treatment</td>
<td>22%</td>
</tr>
<tr>
<td>Targeted Case Management</td>
<td>12%</td>
</tr>
<tr>
<td>Therapeutic Preschool Program</td>
<td>24%</td>
</tr>
<tr>
<td>Youth Day Treatment</td>
<td>30%</td>
</tr>
<tr>
<td>Youth Residential Treatment</td>
<td>38%</td>
</tr>
</tbody>
</table>

In Spurwink’s Integrated Behavioral Health Services, in which the agency embeds behavioral health specialists in primary care practices, a measure called the PHQ is used to screen for depression and a measure called GAD is used to screen for anxiety. Most clients who entered treatment with clinical levels of depression or anxiety reported improvement over the course of treatment. In fact, 73% of those clients no longer scored in the clinical range at discharge.

**SPURWINK DAY TREATMENT DISCHARGES – FY16**

Of students discharged from Spurwink’s Day Treatment programs during the year, 52% returned to their public school, while 26% graduated or otherwise completed their education as young adults.
Two-thirds of youths discharged from Spurwink’s residential program in FY16 were discharged to less restrictive placements such as home, independent living, or a foster home. By comparison, that same set of youths were largely admitted from more restrictive placements.

A positive outcome for Spurwink’s Treatment Foster Care (TFC) program occurs when children are reunified with their family or are adopted. Of children discharged from the program in FY16, 50% were placed in permanent families.
PROGRAM OUTCOMES:
CLIENT FEEDBACK BY PROGRAM
I feel confident that my child’s counselor is able to meet the needs of my child.

Overall, I am happy with the counseling my child receives from Spurwink.
CLIENT/YOUTH SURVEY
My counselor helps me learn new skills that are helpful.

CLIENT/YOUTH SURVEY
Overall, the counseling I am getting is helpful.

SCHOOL PARTNER SURVEY
The counselor has made a positive difference in the students’ lives.
YOUTH SURVEY
My case manager asks me what I think about things and really listens to what I have to say.

YOUTH SURVEY
My case manager does what they say they are going to do.
DAY TREATMENT/SCHOOL SERVICES

YOUTH SURVEY
School staff help me learn new skills that are helpful in reaching my goals.

Strongly Disagree
Somewhat Disagree
Somewhat Agree
Strongly Agree

80%
60%
40%
20%
0%

YOUTH SURVEY
School staff accept me for who I am.

Strongly Disagree
Somewhat Disagree
Somewhat Agree
Strongly Agree

80%
60%
40%
20%
0%
The services I received helped me deal more effectively with my problem(s).

If a friend were in need of similar help, I would recommend this program to him or her.
CONSUMER SURVEY

Spurwink Portland Help Center Services

My team answers my questions.

My team cares about me.
Overall, I have had a positive experience with the TFC case manager.

I would recommend Spurwink Treatment Foster Care to others.
HOW ARE WE DOING?
FEEDBACK ON SPURWINK’S PROGRAMS
FROM OUR CLIENTS

PUBLIC SCHOOL COUNSELING

“My child’s counselor communicates with me regularly via email, telephone, or in person. She shares great information or resources, and ALWAYS takes her time listening to my concerns or feedback. I can talk A LOT, but she has never made me feel rushed or made me feel like the things I have to say are not important.”

“I feel my daughter has come a long way to get to where she is with the help of her counselor. I can say I made a good decision to have my child meet with her school counselor. She has done a wonderful job working with my daughter. She’s a great counselor.”

“Counseling has been really helpful to me. I don’t know what I would do without my counselor!”

“My counselor is the biggest carton of awesome sauce evah!”

“My counselor has been a huge help for me since I started, and I’m super glad that I get to meet with her.”

“We see tangible positive change in our students and families.”

DAY TREATMENT/SCHOOLS

“They try to help me when anxious and listen to me.”

“Spurwink continues to provide the best environment for my son. They are willing to accept my ideas and are also willing to provide ideas I can do at home. I trust my son’s clinician to always have my son’s best interest. I trust the school to always think outside the box and support my son in academics and mental health.”

MARTIN’S POINT INTEGRATED BEHAVIORAL HEALTH SERVICES

“I experienced a number of positive supports, kind interventions, helpful and effective behavioral treatment, and convenient location.”

“I am so glad I came here, as I feel so much better; even my children agree.”

“My counselor has helped remind me of ways I can help my mood improve. She listens well and readily to me. Her suggestions are not imposed, but encouraged, and I’m very comfortable with her. She is interested in me, not just my problems. The take-home papers are immeasurably useful.”
TARGET CASE MANAGEMENT

“I think more people should know about the program, because it is very useful to me and helped lift some weight off my shoulders and point me in the right direction.”

SPURWINK PORTLAND HELP CENTER

“Portland Help has been there through thick and thin for me. I’m glad they’re in my life and never want to lose them. They’re very helpful.”

“Best place I’ve ever gone to! All friendly!”

“The nurses and doctor are really nice! I love Boo!”

THERAPEUTIC PRESCHOOL PROGRAM

“I am so grateful for this program. The difference Spurwink has made for my child and family is truly miraculous! We thank God for the marvelous care, education and encouragement we have all received from Spurwink Therapeutic Preschool!”

“I can’t thank Spurwink enough for how they have taken care of my child. He is blossoming and I have Spurwink to thank!”

“We have had nothing but good experiences with your school. I am eternally grateful for all the things you’ve done for both of us!”

“Child’s residential treatment

“I cannot thank the Spurwink team enough. They have helped our son in a way that no words can express. Having my son, although not very vocal, make all these improvements in his life since the time he joined Spurwink melts our hearts. I’m very hopeful about the future based on the foundation of the Spurwink team. For my son to wake up on a Saturday and Sunday and ask to go to school not only proves to us how much he enjoys school but also how he loves and misses the school. I wish nothing but the best for every single person who has worked and touched my son’s life for all this time he has been in Spurwink. It takes a special person to take care of a special child in need like our son. Thank you, and thank you so much to the entire Spurwink team.”

CHILDREN’S RESIDENTIAL TREATMENT

“I don’t know where my son would be at this time in life if it wasn’t for Spurwink. They have helped my son accomplish so much. I’m forever grateful for this program.”
To learn more about Spurwink and how you can support our work across Maine, please contact a member of our Development Team.

DEVELOPMENT OFFICE
901 Washington Avenue
Portland, ME 04103

KRISTEN FARNHAM, JD
Vice President of Development
207.871.1211 x2186
kfarnham@spurwink.org

GABRIELLE GALLUCCI
Director of Mission Impact
207.871.1211 x2137
ggallucci@spurwink.org

ABBY PECK
Director of Annual Giving & Special Events
207.871.1211 x2106
apeck@spurwink.org

To make a gift, please visit www.spurwink.org/donate.